

2023 - 2024 NH Indoor Track League Schedule

Last Updated

12/12/2023

KEY:

Helpers

*Set-Up

**Clean-Up

Week One

Saturday, December 16, 2023			
PEA	Plymouth State		UNH
1:00 PM	10:00 AM	2:30 PM	9:00 AM
<u>Bow</u> Con-Val <u>Dover</u> Epping <u>Newmarket</u> Oyster River* PCA Pelham Phillips Exeter Salem	Belmont Bishop Brady Concord* Franklin Gilford Inter-Lakes John Stark Kingswood <u>Laconia</u> Man. Central Man. West Mascenic Merrimack Valley <u>Pembroke</u> Plymouth <u>Windham</u> Winnisquam Woodsville	Alvirne Coe-Brown Conant Hollis/Brookline** <u>Merrimack</u> Nashua North Prospect Mnt. <u>Sanborn</u> Somersworth St. Thomas	Bishop Guertin Exeter <u>Londonderry</u> Nashua South Pinkerton Portsmouth** <u>Spaulding</u> Winnacunnet

Sunday, December 17, 2023	
Dartmouth	
12:00 PM	
Campbell Fall Mountain Goffstown <u>Hanover</u> Kearsarge Keene <u>Lebanon</u> Mascoma Milford	Hopkinton Monadnock Mount Royal Newfound Newport Raymond Souhegan Stevens Timberlane Wilton-Lyndeborough

Week Two

Thursday, December 21, 2023
UNH
5:00 PM
JV Meet # 1

Saturday, December 23, 2023

Plymouth State		UNH	
10:00 AM	2:30 PM	10:00 AM	2:30 PM
Belmont Bishop Brady Bow Franklin Gilford Goffstown* Inter-Lakes John Stark Kearsarge Laconia Man. West Merrimack Valley Milford Pelham Pembroke Plymouth Prospect Mnt. Wilton-Lyndeborough Winnacunnet Winnisquam Woodsville	Bishop Guertin Conant** Concord Fall Mountain Hanover Lebanon Londonderry Man. Central Man. Memorial Mascenic Mascoma Monadnock Mount Royal Newport Pinkerton Raymond Stevens Trinity	Alvirne Dover Hollis/Brookline Kennett Kingswood Nashua South Oyster River* Souhegan Portsmouth	Bedford Coe-Brown** Con-Val Hopkinton Nashua North Newfound Salem Timberlane Windham

Saturday, December 30, 2023

Plymouth State		UNH	
10:00 AM	2:30 PM	10:00 AM	2:30 PM
Belmont Bishop Brady Bow Conant Franklin Inter-Lakes Kingswood Laconia Mascenic Merrimack Valley Milford Plymouth Prospect Mnt. Salem Sanborn Souhegan* Wilton-Lyndeborough Winnisquam Woodsville	Con-Val Fall Mountain Hanover** John Stark Kearsarge Keene Merrimack Monadnock Mount Royal Nashua South Newport Raymond Spaulding Stevens	Campbell Epping Kennett Man. West Newmarket Oyster River* PCA Pelham Pembroke St. Thomas Trinity	Bedford Bishop Guertin Concord Exeter Man. Memorial** Nashua North Pinkerton Somersworth Windham

Tuesday, January 02, 2024

UNH

5:00 PM

JV Meet # 2

Week Four

Saturday, January 06, 2024

Plymouth State

10:00 AM	2:30 PM
Alvirne	Dover
<u>Epping</u>	<u>Exeter</u>
Gilford	Newmarket**
Goffstown*	Oyster River
Hopkinton	Portsmouth
<u>Kennett</u>	Spaulding
Mascoma	<u>St. Thomas</u>
Merrimack Valley	Winnacunnet
Newfound	
PCA	
Sanborn	
Timberlane	

Sunday, January 07, 2024

UNH

10:00 AM	2:30 PM
Campbell	Bedford
<u>Hollis/Brookline</u>	Coe-Brown
Man. Central	Concord
Man. Memorial	Hanover
Man. West	<u>Keene</u>
Nashua North*	<u>Lebanon</u>
<u>Nashua South</u>	Londonderry
Pinkerton	Merrimack
Trinity	Somersworth**

Week Five

Tuesday, January 09, 2024

UNH

4:00 PM

Girls Wildcat Relays

Wednesday, January 10, 2024

UNH

4:00 PM

Boys Wildcat Relays

Saturday, January 13, 2024

PEA		Plymouth State	
1:00 PM		10:00 AM	
Kingswood	Phillips Exeter	Bedford	Kennett**
Lebanon	Spaulding	Belmont	Laconia
<u>Man. Memorial</u>	St. Thomas	Campbell*	Londonderry
Mascoma	<u>Timberlane</u>	<u>Coe-Brown</u>	Man. Central
PCA	Trinity	<u>Con-Val</u>	Merrimack Valley
Pelham	Windham	Exeter	Mount Royal
		Franklin	Newport
		Gilford	Pembroke
		Hollis/Brookline	Plymouth
		Inter-Lakes	Sanborn
		John Stark	Winnisquam
		Kearsarge	Stevens
			Woodsville

Sunday, January 14, 2024

UNH			
10:00 AM		2:30 PM	
Conant	<u>Portsmouth</u>	Alvirne	Fall Mountain
Hopkinton	<u>Prospect Mnt.</u>	Bishop Brady	Goffstown**
Keene	Raymond	<u>Bishop Guertin</u>	Monadnock
Mascenic	Salem	Bow	Winnacunnet
Merrimack*	Somersworth	<u>Dover</u>	
Milford	Souhegan	Epping	
Newfound	Wilton-Lyndeborough		
Newmarket	Woodsville		

Week Six

Saturday 1/20/2024 - Qualifying Standards Must Be Met (Field Event Order Switches)

PEA	UNH	
1:00 PM	10:00 AM	2:30 PM
<u>Alvirne</u>	Coe-Brown	Belmont
Bedford	Goffstown	Bishop Brady
Bishop Guertin	Hanover	Bow
Concord	<u>Londonderry</u>	Campbell
Dover	Man. Central	Con-Val
Hollis/Brookline	Man. Memorial	Conant
Nashua South	Man. West	Epping
Oyster River	Merrimack Valley	Exeter
<u>Salem</u>	Merrimack*	Fall Mountain
Souhegan	<u>Milford</u>	Franklin
	Nashua North	Gilford
	Pinkerton	Hopkinton
	Portsmouth	Inter-Lakes
	Stevens	John Stark
	Timberlane	Kearsarge
	Trinity	Keene**
	Wilton-Lyndeborough	Kennett
	Windham	Kingswood
		Laconia
		Newfound
		Lebanon
		Mascenic
		Mascoma
		<u>Monadnock</u>
		Mount Royal
		Newmarket
		Newport
		PCA
		Pelham
		Pembroke
		Plymouth
		Prospect Mnt.
		Raymond
		Sanborn
		Somersworth
		Spaulding
		St. Thomas
		Stevens
		<u>Winnacunnet</u>
		Winnisquam
		Woodsville

Week Seven

Sunday, January 28, 2024			
UNH			
10:00 AM		2:30 PM	
League Relay Meet (all D1 teams)		League Relay Meet (all D2 teams)	
<u>Concord</u>	Portsmouth*	<u>Coe-Brown</u>	Bow**

Week Eight

Saturday 2/3/2024 - Qualifying Standards Must Be Met , 4x800, no 3000			
PEA	UNH		
1:00 PM	10:00 AM		2:30 PM
Coe-Brown	Belmont	Mascenic	Alvirne
<u>Exeter</u>	Bishop Brady	Mascoma	<u>Bedford</u>
Keene	Bow	Merrimack Valley	Bishop Guertin
Londonderry	Campbell	Milford	Concord
Merrimack	Conant	Monadnock	Dover
Nashua North	Con-Val	Mount Royal	Hopkinton
Newmarket	Epping	Newport	Inter-Lakes
Phillips Exeter	Fall Mountain	<u>Oyster River</u>	Man. Central**
<u>Pinkerton</u>	Franklin	PCA	Man. Memorial
Portsmouth	Gilford	Pelham	<u>Nashua South</u>
Somersworth	Goffstown*	Pembroke	Newfound
Winnacunnet	Hanover	Prospect Mnt.	Plymouth
	Hollis/Brookline	Raymond	Salem
	John Stark	Sanborn	Spaulding
	Kearsarge	<u>Souhegan</u>	Stevens
	Kennett	St. Thomas	Timberlane**
	Kingswood	Stevens	Windham
	Laconia	Trinity	
	Lebanon	Wilton-Lyndeborough	
	Man. West	Winnisquam	
		Woodsville	

Sunday 2/11/2024 - Divisional Championship (State Meet) at Plymouth State	
9:30 AM	4:30 PM
Division 2	Division 1

Saturday 3/2/2024 - New England Championships at Reggie Lewis Center, Boston