

**SWIMMING & DIVING – GIRLS  
TEAM CHAMPIONS**

**One Division**

	<b>Champion</b>	<b>Runner-Up</b>
2002	St. Thomas (293)	Londonderry (184)
2003	St. Thomas (219)	Oyster River (206)
2004	St. Thomas (175.5)	Man. West (135)
2005	St. Thomas (190)	Man. West (167)
2006	Dover (176)	St. Thomas (168)
2007	Dover (153)	Hollis/Brookline (139)

**Division I**

	<b>Champion</b>	<b>Runner-Up</b>
2008	Nashua North (211)	Dover (142.5)
2009	Dover (197)	Nashua North (170)
2010	Dover (229)	Nashua North (211)
2011	Nashua North (185.5)	Bedford (171)
2012	Dover (208)	Bedford (201)
2013	Dover (225)	Bishop Guertin (177)
2014	Exeter (232)	Bishop Guertin (230)
2015	Dover (226)	Bishop Guertin (198)
2016	Exeter (207.5)	Dover (197)
2017	Bedford (238)	Dover (191)
2018	Exeter (291.5)	Bedford (212)
2019	Exeter (321)	Bedford (256)
2020	Exeter (266)	Bedford (251)
2021	Bedford (236)	Bishop Guertin (103)
2022	Bedford (307.5)	Merrimack (184)
2023	Bedford (281.5)	Pinkerton (174)

**Division II**

	<b>Champion</b>	<b>Runner-Up</b>
2008	St. Thomas (204)	Souhegan (155)
2009	Oyster River (195)	Souhegan (194)
2010	Oyster River (224)	Souhegan (184)
2011	Lebanon (226)	Oyster River (188)
2012	St. Thomas (196)	Souhegan (172)
2013	Oyster River (215)	Hanover (205)
2014	Oyster River (236.5)	St. Thomas (159)
2015	Oyster River (271)	Hanover (151)
2016	Oyster River (385)	St. Thomas (151)
2017	Derryfield & St. Thomas	TIE (172)
2018	Hanover (207.0)	St. Thomas (162)
2019	Hanover (235)	St. Thomas (162)
2020	Hanover (203)	Portsmouth (152)
2021	Hanover (119)	Hollis-Brookline (109)
2022	Hollis-Brookline (213)	Hanover (201)
2023	Hollis-Brookline (228)	Hanover (208)

**SWIMMING & DIVING – GIRLS**

**STATE RECORDS – INDIVIDUAL RECORDS**

<b>Event</b>	<b>Record</b>	<b>Athlete (s)</b>	<b>School</b>	<b>Date</b>
Medley Relay	1:48.21	Teagen Jeffers	Bedford	2-13-22
		Milena Whitney	Bedford	
		Negan Leyden	Bedford	
		Ela Goucher	Bedford	
200 Free	1:48.43	Skylar Knowlton	St. Thomas	2-12-23
200 IM	2:03.32	Alexis Martino	Windham	2-15-20
*50 Free	23.21	Jenny Thompson	Dover	2-10-90
100 Fly	55.18	Megan Leyden	Bedford	2-20-21
*100 Free	50.27	Jenny Thompson	Dover	2-10-90
500 Free	4:46.36	Skylar Knowlton	St. Thomas	2-12-23
200 Free Relay	1:38.27	Megan Leyden	Bedford	2-13-22
		Ela Goucher	Bedford	
		Audrey Sambrook	Bedford	
		Teagan Jeffers	Bedford	
100 Back	54.58	Lindsay Wagner	Derryfield	2-9-19
100 Breast	1:04.46	Paige Spencer	St. Thomas	2-21-21
400 Free Relay	3:33.96	Kyra Chen	Derryfield	2-12-17
		Natalie Young	Derryfield	
		Lindsay Wagner	Derryfield	
		Emma Wagner	Derryfield	
I Meter Diving (11Dives)	448.90	Melissa Doucette	Dover	2-2-07

\* (Asterisk) = Non NHIAA Sanctioned State Record

**Six Dive Record**

<b>Athlete</b>	<b>School</b>	<b>Score</b>	<b>Date</b>
Jessica Parratto	Dover	253.95	2-15-09