

## **BY-LAW ARTICLE XVI**

### **Cross Country**

#### **Boys and Girls**

**Sect. 1:** Cross Country shall be administered by the NHIAA Cross Country Committee and the rules of the National Federation will govern the sport when applicable. The NHIAA Cross Country Championship Meets will be organized, financed, and directed by the NHIAA Cross Country Committee.

#### **Sect. 2: State Class Championships**

- A. The State Class Championships shall be held on the last Saturday in October at sites determined by the NHIAA Cross Country Committee.
- B. For an athlete to compete in the State Championships, he/she must have participated in at least one Cross Country meet during the regular season.
- C. The distance for races will be approximately 5km.
- D. The boys and girls will each be divided into three (3) classes: (L, I, and M-S).
- E. Entry Procedure - See Policy and Procedures Manual.
- F. Scoring - To be considered in the scoring for team championships each school must have a minimum number of five (5) finishers. Schools, which start with fewer than 5 runners, will not be eligible for team awards. Team scores will be determined by adding the places in which the first 5 runners from each school finish. The finish positions of non-team competitors will be eliminated and team finish positions re-ranked in order to determine team scores. Ties in team scoring shall be resolved by comparing the 6th place finishers from the tying teams. The team with the best 6th place finisher shall prevail.
- G. Awards - Official NHIAA championship and runner-up plaques, as well as thirteen (13) team medals, will be awarded in each of the class meets. In addition, twenty-five (25) individual medals will also be awarded in each class for boys and girls.

#### **Sect. 3: Meet of Champions**

- A. These meets will serve as the qualifier for the New England Meet(s), when applicable.
- B. The selection of competitors for these meets will be based on the finish in the class meets as determined by the Cross Country Committee. (See Cross Country Policies and Procedures Manual)
- C. The Meet of Champions shall be held on the first Saturday in November at a site determined by the NHIAA Cross Country Committee.
- D. Awards: Official NHIAA medals will be awarded to the top twenty-five (25) individuals for boys and girls.