

November/December

Winning is for a day.
Sportsmanship is for a lifetime.



In This Issue:	
Director Reports	2
NHIAA FAQ	3
Spotlight on Member Schools	3
High School Plunge Information	5
Student Athlete of the Month	7 & 8
Due Dates and Reminders	11

NHIAA Unified Soccer Ends. Basketball Begins.

The New Hampshire Interscholastic Athletic Association (NHIAA) and Special Olympics New Hampshire (SONH) completed the first season of Unified High School Soccer with the State Championship on Saturday, November 5th. The finals featured Spaulding High School vs. Laconia High School at Southern New Hampshire University. Spaulding won the game 5-1 and both teams were awarded a plaque for their school along with medals, these are the same awards that other high schools that compete in a soccer championship receive.



The title match was the culmination of a six game pilot season that featured more than 70 student athletes on four high school teams from Dover, Laconia, Oyster River and Spaulding. The Unified Sports opportunities will continue in the winter and spring sports seasons with basketball and track & field.

With the winter season approaching, 12 schools including: Epping, Oyster River, Laconia, Spaulding, Dover, Pinkerton, Goffstown, Londonderry, Portsmouth, Profile, Nashua South, & Lin-Wood have already registered for the upcoming basketball season. The season will feature a two week pre-season starting in December followed by a six week long regular season that will begin in January culminating with the playoffs and championship in March.

If your school is interested in signing up for NHIAA Unified Basketball there is still time, the deadline to register is December 12th, please contact Tricia Messler (SONH Manager of the NHIAA) at TriciaM@sonh.org or by phone at (603) 494-0987 for more information.



Visit the SONH Facebook page (<https://www.facebook.com/SpecialOlympicsNH>) to see photos from the Unified Soccer Championship game.

Executive Director's Report

As we continue with the arduous and often acrimonious process of setting classifications for the next two year cycle, it seems that far too many people are more interested in protecting their turf and having a competitive edge than in ensuring equity of competition across the board.

Although human nature, and somewhat understandable, it makes for a corrupt, unfair, and unmanageable system. Fortunately, although I believe that these folks still represent the minority, their actions can paralyze the entire process.

I have been instructed by the Council to consult with our attorneys in an effort to simplify and make the classification process more transparent and equitable. No easy task to be sure. On the other hand, having worked with numerous committees and especially the Classification Committee I have seen firsthand just how hard some people work to make the process one that will benefit the NHIAA as a whole and not just individual schools and/or programs. Many thanks to those who have put in literally hundreds of hours trying come up with the best alignments possible.



Assistant Director's Report

I think we have now made history with the Nor'easter that blew through here over Halloween weekend. Kudos to the staff here and the athletic directors putting in many hours rescheduling due to the snow. Special congratulations to the field hockey teams that played under trying conditions in cold, rain, and snow during the semifinals in Division II. The student athletes from Souhegan, Merrimack Valley, St.

Thomas, and Bow all not only played very well in closely contested games but displayed a high degree of sportsmanship both on and off the field. Also thanks to a dedicated Field Hockey Committee Members that monitored conditions to ensure the safety of the athletes during both games.

The NHIAA Student Leadership Team in conjunction with Special Olympics of New Hampshire has chosen a theme for the 2012 High School Plunge that will take place on February 4, 2012. The theme chosen by the leadership team is "Pirates" Please recruit plungers from your school (students, faculty, and staff) to establish a "Flock" (high school team) for the plunge and enter the costume contest. Please see the Penguin Plunge Flyer on page 4.

NHIAA FAQ

Question: My coach would like to add some sub-varsity players to our tournament roster, as we have open slots before hitting the maximum allowed in the sport. Is this possible after the due date for the tournament roster submission?

Answer: No. The tournament roster due date has been moved to one week prior to the start of the tournaments to give coaches ample opportunity to identify students they wish to have at the game with their team. With only one week, there is very little time to verify the accuracy of the rosters, get them to the printer, and merchandise vendors. A student may be replaced on the roster after the due date and substituted with another student due to an injury or illness. If the coach is unsure of the status of a student athlete they should keep him/her on the original roster (By-Law Article I, Sect. 11: Tournament Rosters).

Spotlight on NHIAA Member Schools

Farmington High School

Location: Farmington

Enrollment: 450

Division: III

School Colors: Orange, Black, & White

Mascot: Tigers

Principal: Matthew Jozokos

Athletic Director: Joel Chagnon



NHIAA Participation:

Fall

Football

Golf

Soccer

Spirit

Volleyball

Winter

Basketball

Gymnastics

Spirit

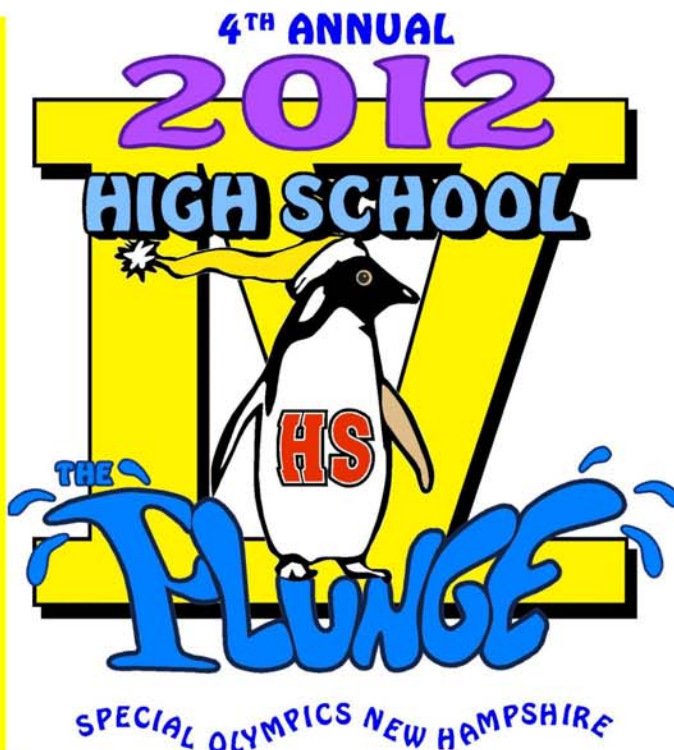
Spring

Baseball

Softball

Want to Promote your School? To encourage better knowledge of member schools we would like to feature schools each month from each division. We would ask interested schools to contact Kerrin Randall, krandall@nhiaa.org or Mr. Corbin as soon as possible.





In addition to *Plunging*, Student/Faculty Team Leaders will:

- Establish a "Flock" (HS Team) from your school or athletic department.
- Recruit Plungers from your School (students/faculty or staff).
- Help Flock members with their online fundraising.

Proudly supported by:

The NHIAA Student Athlete Ambassador Program, with representatives in almost every high school in the state, enthusiastically supports the **Special Olympics High School Plunge** and urges all schools to establish a "Flock."

The Goal of the collaboration between the NHIAA and SONH is to allow high school students an additional opportunity to participate in a meaningful athletic experience representing their school through Special Olympics Unified Sports.



NEW HAMPSHIRE INTERSCHOLASTIC ATHLETIC ASSOCIATION



Special Olympics
New Hampshire

*Join us Saturday,
February 4, 2012
at 12:00 noon!*

The High School Plunge is an exciting event that allows participants the opportunity to brave the icy Atlantic to raise funds and awareness for the 2,389 Special Olympics athletes participating in 22 year-round sports through out New Hampshire.

High School Plungers will:

- Be a part of their High School's "Flock," which must consist of 5+ plungers.
- Register at sonh.org after November 1st.
- Raise a minimum of \$150 for Special Olympics. Receive an apparel item and two tickets to the **Post Plunge Lunch & Celebration**.

Incentive prizes given for reaching additional incentive levels.

Prizes awarded to High Schools for spirit, costumes & fundraising!

For more information:

visit our website at
www.sonh.org,
call (603) 624-1250, or
email
TriciaM@sonh.org



NHIAA Council Update: On October 27, 2011 the NHIAA Council conducted their first meeting of the 2011-12 school year. They accepted and approved the financial report and audit of the Association. Once again the audit was very positive and resulted in no substantive findings. In spite of the poor economy, sagging corporate sponsorships, and declining attendance at some tournament events, cost control measures and expense reductions continue to make the Association financially stable.

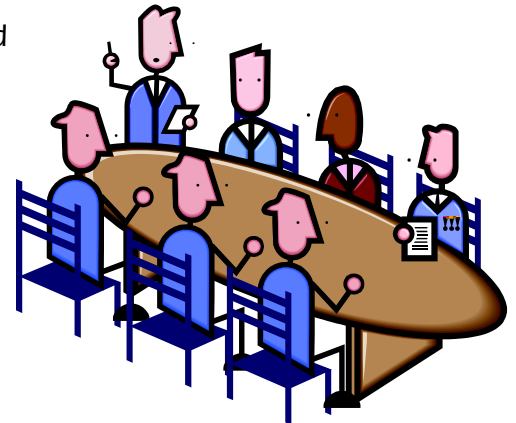
Several proposals from the Softball Committee were denied as they related to moving toward a modified open tournament format. The Committee will be instructed to reduce the number of school making the tournaments instead of playing a quasi-open tournament.

Several requests from the Lacrosse Committees were also denied. Lacrosse will be expected to follow the roster requirements for other sports as well as count all contests regardless of opponents. A request to allow competition at the varsity level between NHIAA or other State Association non-member preparatory schools was denied.

Wording regarding unsanctioned track meets was adopted as proposed by the committee. Additional medals in wrestling were approved at a nominal cost to the Association.

Marty Brown and Kevin O'Brien of the Eligibility Committee presented a general policy change that would modify the out of season contact rule to allow limited contact between coaches and student athletes. The concept was favorably received to the point that the Eligibility Committee was instructed to come back in December with a proposal that would capture some of the suggestions and concerns that were discussed.

The majority of the meeting was taken up with the discussion of new classification numbers for the next two year cycle beginning in 2012-13. In the end, the final recommendation of each sport committee and the Classification Committee was accepted except for the sport of football. Classification Chairman, Peter Perich, was instructed to go back to the Football Committee and have them review their proposal which was different from the Classification Committee proposal which was also rejected. Football classification will be reviewed and hopefully finalized at the December Council Meeting. The Council also directed the Executive Director to confer with legal counsel in an effort to clarify the classification process and some of the language.



Fall Snow Storm: Mother Nature has once again dealt a harsh blow to the residents of New Hampshire and to the NHIAA Fall Tournament Season. Record breaking snowfall, unprecedented tree damage and power outages, and numerous school closing created havoc as the busiest week of the fall tournament season approached.



As always the staff at the NHIAA Office, working in conjunction with athletic administrators across the state, rose to the occasion and did everything possible to reschedule the many cancelled events. Few people understand the complexity of such cancellations with respect to finding alternative venues, reassigning and finding adequate numbers of officials, medical assistance, programs, tickets, shirts vendors, and the list goes on. Many thanks to those in the trenches who worked so hard to ensure the tournaments went off as smoothly as possible.

Fan Control



Fan control has always been the primary responsibility of member schools. Especially at tournament events involving large numbers of spectators, event staff and police cannot prevent hundreds of students from rushing a field or court. It takes the people who know the students best, i.e. the local school personnel, to be both proactive and present in numbers sufficient to ensure proper behavior.

Although schools have been doing a much better job of controlling the very dangerous and inappropriate practice of fans rushing their team after an event, at a recent tournament final a group of student fans from a participating school did this not once, but twice over the period of two games in spite of repeated warnings from the venue staff and police.

Tragically, a student athlete sustained an injury having been pushed to the bottom of the pile. Early indications suggested she had a broken wrist or arm. The school involved and the NHIAA are working together to address this situation. The NHIAA will continue to impose sanctions for schools breaking this rule. These will be increasingly severe and may include censure, probation, and suspension pursuant to Article I, Section 5 of the NHIAA By-Laws.

Aside from the obvious potential for injury from the mob mentality that occurs in these situations, the NHIAA and school based athletics as a whole receive a black eye and such behavior jeopardizes our future with the venue involved. Although we run tournaments each year involving hundreds of student athletes and tens of thousands of fans, one such negative incident is what people tend to remember about these events.

If you are fortunate enough to qualify for an NHIAA Tournament please understand that such participation is not a right but a privilege. We need schools to ensure appropriate fan behavior to include preventing the very dangerous and long prohibited practice of rushing a team or leaving the fan area for any reason and going onto the field or court. Based on this most recent situation and the fact that such nonsense resulted in injury to a student athlete who had just played a tremendous game on behalf of her school, there will be no more warnings regarding this practice.

If your spectators cannot behave appropriately there will be serious consequences for the school's athletic program as noted. To play an entire sport season only to be injured by the ignorant behavior of some disrespectful fans, especially students of one's own school, is a sad outcome to a successful season.

Compression Sleeves in Basketball: Just a reminder that compression sleeves are illegal in the sport of basketball unless they are required for medical reasons. To receive a waiver of this rule a school must submit a doctor's note to the NHIAA office documenting the medical necessity of wearing a compression sleeve. If approved, the school will be provided with written confirmation from the Executive Director which must be shown to the officials prior to the start of any game.



NHIAA Student-Athlete of the Month

October

The NHIAA is pleased to recognize two outstanding athletes both on and off the field of play. They exemplify the ideals and values that are the cornerstone of school based athletics and are positive role models in their school and community.



Megan Beaudry

- Senior at John Stark Regional High School
- Captain of the Varsity Volleyball Team
 - ◊ Volleyball; 6 Digs Per Match, 10 Serves Per Match
- New England Student Athlete Leadership Conference Participant
- NHIAA Student Athlete Leadership Team 2011 member
- Peer Leadership Team Member

"Megan is an unbelievable captain for the volleyball team. She is meticulously organized from getting parents to bring bagged lunches for away games, to setting up fundraising events both in and outside the season. She is the most dependable player I have ever coached. She is the first person on my team to remind her teammates that good sportsmanship is our top priority."

Mark Searles, Athletic Director, John Stark Regional High School



Chelso Barrett

- Senior at Keene High School
- Led the Keene Golf Team to a Division I State Championship in 2010 and 2011
- Individual State Golf Champion for Division I in 2010 and 2011
- WMUR TV Hometown Hero in August of 2011
- Keene High School Student of the Month for October
- Finished Second in the U. S. Junior Golf Amateur held in Washington State

"Chelso is a very accomplished golfer, and yet he spends hours working with his teammates guiding them with hints and tips on successful techniques the he uses. He plays rounds of golf with all members of his team no matter what their ability level, offering tips on etiquette and rules. Chelso has experienced a great deal of growth in sportsmanship since his freshman year. He is a positive role model on and off the course."

Leslie Farmer, Athletic Director, Keene High School

NHIAA Student-Athlete of the Month

November

The NHIAA is pleased to recognize two outstanding athletes both on and off the field of play. They exemplify the ideals and values that are the cornerstone of school based athletics and are positive role models in their school and community.



Phoebe Cullerot

- Senior at Nashua High School North
- Spirit Team Captain
- GPA 4.59
- Ranked 60th in a class of 516 Students
- National Honor Society Member
- Volunteers Teaching Younger Students Dance

“Phoebe consistently encourages her teammates to put their best foot forward. More importantly when she is on the field she is quick to point out skills from other teams that she feels that our team could incorporate. She always has a smile on her face and is always willing to learn, as a captain Phoebe consistently displays leadership skills both on and off the field.”

Maureen MacKay, Varsity Spirit Coach, Nashua High School North



Craig Hammond

- Senior Nashua High School North
- Cross Country Team Leader
- GPA 4.84
- Ranked 17th in a class of 516 Students
- National Honor Society Member
- Math and Science National Honor Society Member

“One of the most consistent performers on the Nashua North Cross Country Team, Craig has consistently placed third or better all season. Craig has taken charge of organizing the purchase of warm ups for the team, collects the money, and does the ordering. He is always looking to encourage his teammates in their efforts.”

Art Kobs, Varsity Cross Country Coach, Nashua High School North

Important Information from the NFHS!



After 32 years as a print publication, the *National High School Sports Record Book* has officially moved online and can be accessed on the National Federation of State High School Associations (NFHS) Web site at www.nfhs.org/recordbook.

The Record Book contains all-time records for boys and girls in 16 high school sports. Visitors to the site can select from the menu of sports, and will have the option to search for specific records across all sports in the Record Book.

In addition, new entries will be posted in the Record Book on an ongoing basis once the record performances are verified. Previously, records were updated annually with the printing of the book.

“The National High School Sports Record Book is a one-of-a-kind publication and has become a tremendous resource for many individuals across the country,” said Bob Gardner, NFHS executive director. “At this point in time, given the advances in technology, we felt that we could reach thousands and thousands of individuals by moving this valuable publication online. Also, the option of daily updates makes this publication even more useful.”

National interscholastic records are maintained by the NFHS through a detailed system of verifying, recording and preserving the accomplishments of high school student-athletes. The approval of high school records rests with the NFHS member associations in the 50 states plus the District of Columbia.

The first edition of the National High School Sports Record Book was published in 1978 with 176 pages in a 5¼ x 8½ format. By the final printing of the 5¼ x 8½ format in 2004, the book had grown to 448 pages. The 8½ x 11 format was adopted in 2005, and the final edition in 2010 was 248 pages.

In addition to the searchable aspect of the online publication, links will be posted soon that will take viewers to photos, videos and features of selected team and individual performances.

Reminder: All submissions for new records must be made through and verified by the NHIAA.

The NFHS supports the National Girls and Women in Sports Day and asks that you forward the following information to your member schools and/or post on your website.

The National Girls and Women in Sports Day (NGWD) will be held on February 1st, 2012. This will be the 26th annual celebration of the event, participation normally includes all age levels and encompassing a large number of high schools. The day began in 1987 as a way to remember Olympic volleyball player, Flo Hyman, and is recognized annually as a national day by Congress. This year’s theme for the Day is **Title IX at 40: In it for the Long Run**.

We encourage member schools to plan activities around this day to honor outstanding women who have contributed or benefited from Title IX.

4th Annual Hoops for Hunger Program

December is the time to organize your school's Hoops for Hunger Program!

The program was created to challenge all NHIAA member schools to compete in raising money to benefit food pantries within each school's community. High schools that participate collect donations during the boys and girls regular season basketball games.

The NHIAA honors top fundraisers in each division presenting them with a banner at the NHIAA Annual meeting in September.

2010-11 Top Fundraisers:

- Division I Pinkerton Academy
- Division II Pembroke Academy
- Division III Hopkinton High School
- Division IV Littleton High School



The total amount raised for local food pantries last year was \$9,546.00. Over the past three years, over \$28,000 has been raised for local food pantries. Get involved this year and help support your local food pantries!

Some schools have already begun to raise awareness of the need to donate goods to their community. Newfound Regional High School athletes participated in the Student Council canned food drive recently and helped bring in 2,277 cans to be donated to the Bristol Community Services; not bad for a school with 422 students.



NHIAA 6th Annual Athletic Administrative Assistant's Conference

January 5 & 6, 2012

Attitash Grand Summit Hotel, Bartlett, NH

If you would like to pre-register you may do so by filling out the slip below and remitting it to the NHIAA Office. Please contact Donna Plumb with any questions



School: _____ Name: _____

Shirt Size: _____ Email: _____

Registration Deadline: December 2nd

Double Room Registration: \$180 (After Nov. 16th)

Single Room Registration: \$230 (After Nov. 16th)

If you would like to attend Friday only the rate is: **\$50** (Breakfast is not included)

Includes room, registration social with light appetizers, breakfast, lunch and gift

No refunds after December 7th

Important Due Dates!



FORM	DUE
Eligibility Affidavit - All Divisions	12/2
Gymnastics Season (Team vs. Individuals) Form	12/2
Gymnastics Roster	12/2
Ski Schedule Form	12/5
Wrestling: Alpha Master Report (nwcaonline.com)	12/5
Wrestling Weight Certification (on NHIAA website)	1/19
Ski Championship Entry Form	1/30
Ski Roster	1/30

Congratulations Fall Champions!

Sport	Division I	Division II	Division III	Division IV
Soccer - Boys	Manchester Central	Bedford	Bow	Wilton-Lyndeborough
Soccer - Girls	Exeter	Souhegan	Bow	Sunapee
Golf - Boys Individual	Chelso Barrett Keene	Nick Fairweather Windham	Chris Houston Gilford	Hayden Maroun Moultonborough
Golf - Team	Keene	Hanover	Mascenic	Moultonborough

	Championship Flight	Medal Flight
Golf - Girls Individual	Colette Schmidt, Lebanon	Chelsea Sedlar, Bishop Guertin

Sport	Division I	Division II	Division III
Cross Country - Boys- Team	Bishop Guertin	Oyster River	Bow
Cross Country Boys - Ind.	Dylan Lafond Manchester Central	Colton Ham Merrimack Valley	Andrew Weckstein Bow
Cross Country - Girls - Team	Bishop Guertin	Coe-Brown	Hopkinton
Cross Country - Girls - Ind.	Elizabeth Conway Manchester Central	McKenzie Haney Merrimack Valley	Casey Hecox Derryfield

Field Hockey	Winnacunnet	Bow	Derryfield
--------------	-------------	-----	------------

Volleyball - Girls	Hollis-Brookline	Gilford	Moultonborough
--------------------	------------------	---------	----------------

Fall Spirit	Pinkerton	Bedford	Franklin
-------------	-----------	---------	----------

Sport	Division I	Division II	Division III
Football	Exeter	Bishop Guertin	Portsmouth
	Division IV	Division V	Division VI
	Trinity	St. Thomas	Inter-Lakes/Moultonborough

Sport	
Unified Soccer	Spaulding