

2020 NHIAA SWIMMING & DIVING CHAMPIONSHIPS
DIVISION I
WARM-UP SCHEDULE

SATURDAY, FEBRUARY 15, 2020

Feet first entry only except during one-way sprints. All swimmers must enter from the start end of the pool. (Lanes 7&8 will be used for Divers ONLY during Warm-Up Session 2 in the event of inclement weather).

SESSION 1 LANE 1-8
(7:00-7:30am)

DOVER ·
EXETER ·
LONDONDERRY ·
PINKERTON ·

SESSION 2 LANES 1-8
(7:30-8:00am)

BEDFORD ·
BISHOP GUERTIN ·
NASHUA NORTH ·
NASHUA SOUTH ·

SESSION 3 LANES 1-8
(8:00-8:30am)

ALVIRNE ·
CONCORD ·
KEENE ·
MANCHESTER CENTRAL ·
MERRIMACK ·
MANCHESTER MEMORIAL ·
SALEM ·
TIMBERLANE ·

Teams must have a coach supervising all athletes during warm-ups.

COACHES MEETING 8:00AM ROOM TBA