

2020 NHIAA SWIMMING & DIVING CHAMPIONSHIPS  
DIVISION II  
WARM-UP SCHEDULE  
SATURDAY, FEBRUARY 15, 2020

Feet first entry only except during one-way sprints. All swimmers must enter from the start end of the pool. (Lanes 7&8 will be used for Divers ONLY during Warm-Up Session 3 if needed due to inclement weather).

SESSION 1 LANES 1-8  
(3:00-3:30PM)

BELMONT  
CAMPBELL  
COE-BROWN  
GOFFSTOWN  
NEWMARKET  
OYSTER RIVER  
PORTSMOUTH  
WINNACUNNET

SESSION 2 LANES 1-8  
(3:30-4:00PM)

BISHOP BRADY  
BOW  
DERRYFIELD  
GILFORD  
HOLLIS-BROOKLINE  
KINGSWOOD  
LACONIA  
PLYMOUTH  
PROSPECT MTN  
SANBORN  
SOUHEGAN  
WINDHAM

SESSION 3 LANES 1-8  
(4:00-4:30PM)

CONANT  
HANOVER  
HOPKINTON  
KEARSARGE  
LEBANON  
MASCENIC REGIONAL  
MILFORD  
MONADNOCK  
ST. THOMAS AQUINAS  
WILTON LYNDEBOROUGH

Teams must have a coach supervising all athletes during warm-ups.

COACHES MEETING 4:00PM ROOM TBA