

BY-LAW ARTICLE XVIII

Cross Country

Boys and Girls

Sect. 1: Cross Country shall be administered by the NHIAA Cross Country Committee and the rules of the National Federation will govern the sport when applicable. The NHIAA Cross Country Championship Meets will be organized, financed, and directed by the NHIAA Cross Country Committee.

Sect. 2: State Divisional Championships

- A. The State Divisional Championships shall be held on the last Saturday in October at sites determined by the NHIAA Cross Country Committee.
- B. For an athlete to compete in the State Championships, he/she must have participated in at least one (1) cross country meet during the regular season.
- C. The distance for races will be approximately 5 km.
- D. The boys and girls will each be divided into three (3) Divisions: I, II and III.
- E. Entry Procedure – See Cross Country Policies and Procedures Manual.
- F. Scoring – To be considered in the scoring for team championships each school must have a minimum number of five (5) finishers. Schools which start with fewer than five (5) runners, will not be eligible for team awards. Team scores will be determined by adding the places in which the first five (5) runners from each school finish. The finish positions of non-team competitors will be eliminated and team finish positions re-ranked in order to determine team scores. Ties in team scoring shall be resolved by comparing the sixth place finishers from the tying teams. The team with the best sixth place finisher shall prevail.
- G. Awards – Official NHIAA championship and runner-up plaques, as well as 13 team medals, will be awarded in each of the divisional meets. In addition, 25 individual medals will also be awarded in each division for boys and girls.

Sect. 3: Meet of Champions

- A. These meets will serve as the qualifier for the New England Meet, when applicable.
- B. The selection of competitors for these meets will be based on the finish in the divisional meets as determined by the Cross Country Committee. (See Cross Country Policies and Procedures Manual)
- C. The Meet of Champions shall be held on the first Saturday in November at a site determined by the NHIAA Cross Country Committee.
- D. Awards: Official NHIAA medals will be awarded to the top 25 individuals for boys and girls.

Sect. 4: Divisional Alignment

Cross Country shall be aligned into three (3) divisions based upon enrollments and petitions subject to the approval of the Classification Committee.

2016-17 Boys & Girls Cross Country Divisional Alignment

DIV. I (1200+)	DIV. II (600-1199)	DIV. III (1-625)	
18 Schools	22 Schools	32 Schools	
Pinkerton 3167	Goffstown 1106	Bow 595	Bishop Brady 348
Nashua South 1875	Portsmouth 1098	Laconia 590	Newport 346
Nashua North 1748	Man. West 949	Kearsarge 566	Mascenic 344
Exeter 1741	Milford 857	Monadnock 531	Mascoma 340
Concord 1714	Windham 851	Fall Mountain 525	Inter-Lakes 333
Man. Central 1688	Pembroke 840	Gilford 510	Epping 277
Man. Memorial 1583	Souhegan 828	Campbell 509	Hopkinton 269
Londonderry 1579	Merrimack Valley 823	Prospect Mountain 503	Derryfield 263
Bedford 1484	Kennett 819	Winnisquam 492	Hinsdale 257
Spaulding 1416	Hollis/Brookline 815	Raymond 447	Newmarket 255
Keene 1388	Kingswood 814	Berlin 443	Ports. Christian at Dover 204
Dover 1349	ConVal 794	Conant 435	Moultonborough 184
Alvirne 1315	Oyster River 715	Belmont 428	Gorham 137
Timberlane 1240	Coe-Brown 702	White Mountains 402	Lin-Wood 112
Merrimack 1231	Hanover 702	Hillsboro-Deering 387	Canaan, VT 86
Salem 1215	John Stark 700	Newfound 383	Pittsburg 39
*Winnacunnet 1109	Plymouth 686		
*Bishop Guertin 743	Sanborn 686		
	Pelham 628		
	Lebanon 609		
	*St. Thomas 527		
	*Trinity 398		

*Petition