

BY-LAW ARTICLE XVIII

Cross Country

Boys and Girls

Sect. 1: Cross Country shall be administered by the NHIAA Cross Country Committee and the rules of the National Federation will govern the sport when applicable. The NHIAA Cross Country Championship Meets will be organized, financed, and directed by the NHIAA Cross Country Committee.

Sect. 2: State Divisional Championships

- A. The State Divisional Championships shall be held on the last Saturday in October at sites determined by the NHIAA Cross Country Committee.
- B. For an athlete to compete in the State Championships, he/she must have participated in at least one (1) cross country meet during the regular season.
- C. The distance for races will be approximately 5 km.
- D. The boys and girls will each be divided into three (3) Divisions: I, II and III.
- E. Entry Procedure – See Cross Country Policies and Procedures Manual.
- F. Scoring – To be considered in the scoring for team championships each school must have a minimum number of five (5) finishers. Schools which start with fewer than five (5) runners, will not be eligible for team awards. Team scores will be determined by adding the places in which the first five (5) runners from each school finish. The finish positions of non-team competitors will be eliminated and team finish positions re-ranked in order to determine team scores. Ties in team scoring shall be resolved by comparing the sixth place finishers from the tying teams. The team with the best sixth place finisher shall prevail.
- G. Awards – Official NHIAA championship and runner-up plaques, as well as **ten (10)** team medals, will be awarded in each of the divisional meets. In addition, 25 individual medals will also be awarded in each division for boys and girls.

Sect. 3: Meet of Champions

- A. These meets will serve as the qualifier for the New England Meet, when applicable.
- B. The selection of competitors for these meets will be based on the finish in the divisional meets as determined by the Cross Country Committee. (See Cross Country Policies and Procedures Manual)
- C. The Meet of Champions shall be held on the first Saturday in November at a site determined by the NHIAA Cross Country Committee.
- D. Awards: Official NHIAA medals will be awarded to the top 25 individuals for boys and girls.

Sect. 4: Divisional Alignment

Cross Country shall be aligned into three (3) divisions based upon enrollments and petitions subject to the approval of the Classification Committee.

2018-19 Boys & Girls Cross Country Divisional Alignment

DIV. I (1150+) 18 Schools	DIV. II (600-1149) 21 Schools	DIV. III (1-599) 34 Schools
Pinkerton 3449	Goffstown 1114	Lebanon 575
Nashua South 1862	Portsmouth 1078	Laconia 547
Nashua North 1744	Windham 925	Kearsarge 541
Exeter 1705	Milford 855	Fall Mountain 506
Concord 1661	Merrimack Valley 819	Monadnock 502
Man. Central 1510	Man. West 816	Gilford 491
Bedford 1498	Hollis/Brookline 806	Prospect Mountain 479
Londonderry 1496	Pembroke 799	Campbell 466
Man. Memorial 1455	Oyster River 794	Winnisquam 448
Keene 1420	Souhegan 789	Conant 400
Spaulding 1391	Kingswood 783	Berlin 399
Dover 1336	Kennett 752	Belmont 396
Merrimack 1219	Con-Val 733	Raymond 384
Alvirne 1200	Hanover 725	Newfound 373
Timberlane 1173	Coe-Brown 714	White Mountains 373
Salem 1170	Plymouth 677	Newport 356
*Winnacunnet 1078	John Stark 669	Hillsboro-Deering 345
*Bishop Guertin 789	Bow 661	
	Pelham 656	
	Sanborn 646	
	*St. Thomas 432	
		Mascoma 343
		Inter-Lakes 332
		Bishop Brady 320
		Trinity 314
		Mascenic 312
		Hopkinton 288
		Epping 280
		Newmarket 267
		Derryfield 257
		Ports. Christian at Dover 179
		Moultonborough 171
		Hinsdale 153
		Gorham 124
		Lin-Wood 102
		Canaan, VT 73
		Holy Family 64
		Pittsburg 30

*Petition