

## Lancer Timing Services

New Hampshire Interscholastic Athletic Assoc.  
 Division I Indoor Track & Field Championship - 2/3/2019  
 Leverone Field House - Dartmouth College

## COMPILED RESULTS

## Boys 55 M Dash

=====  
 State: S 6.38 2004 Dominique Worsley, Manchester Central  
 Division I: D 6.39 2011 Jerickson Fedrick, Salem  
 2018 Champ: P 6.74 2018 Jady Ruimwijk, Pinkerton

Name Year School Prelims H#  
 =====

## Preliminaries

1	Thornton, Adam	12 Merrimack	P 6.70Q	1	
2	Verow, Zach	11 Bedford	P 6.72Q	2	
3	Dane, Ryan	10 Pinkerton	P 6.73q	2	
4	Marchand, Paul	11 Nashua South	P 6.74q	2	
5	McSweeney, Jack	12 Exeter	6.75q	2	
6	Sutton, Adrian	11 Spaulding	6.81q	2	
7	Ouellette, Austin	12 Nashua North	6.87q	1	6.861
8	Spires, Tyler	11 Bedford	6.87q	1	6.870
9	Cotnoir, Patrick	10 Pinkerton	6.91	1	6.902
10	Cassidy, Justin	12 Londonderry	6.91	1	6.906
11	Burns, Marshal	12 Exeter	6.92	1	
12	Delicema, Triston	12 Nashua North	6.94	2	
13	Cholidis, JeanFranco	12 Pinkerton	6.99	1	
14	Langis, Garrett	11 Spaulding	7.09	1	
15	Condon, Ryan	12 Bishop Guertin	7.28	2	

## Boys 55 M Dash

=====  
 State: S 6.38 2004 Dominique Worsley, Manchester Central  
 Division I: D 6.39 2011 Jerickson Fedrick, Salem  
 2018 Champ: P 6.74 2018 Jady Ruimwijk, Pinkerton

Name Year School Finals Points  
 =====

## Finals

1	Thornton, Adam	12 Merrimack	6.67P	10	
2	McSweeney, Jack	12 Exeter	6.76	8	
3	Dane, Ryan	10 Pinkerton	6.77	6	6.762
4	Sutton, Adrian	11 Spaulding	6.77	4	6.767
5	Ouellette, Austin	12 Nashua North	6.80	2	
6	Verow, Zach	11 Bedford	6.82	1	
7	Marchand, Paul	11 Nashua South	6.84		
8	Spires, Tyler	11 Bedford	6.85		

## Boys 300 M Dash

=====  
 State: S 35.02 2005 Dominique Worsley, Manchester Central  
 Division I: D 35.02 2005 Dominique Worsley, Central  
 2018 Champ: P 35.51 2018 Jady Ruimwijk, Pinkerton

Name Year School Finals H# Points  
 =====

1	Verow, Zach	11 Bedford	36.09	3	10
2	Seleny, Conor	11 Pinkerton	36.20	3	8
3	Thornton, Adam	12 Merrimack	36.87	3	6 36.868
4	Burns, Marshal	12 Exeter	36.87	2	4 36.870
5	Dane, Ryan	10 Pinkerton	37.00	3	2
6	Cassidy, Justin	12 Londonderry	37.23	2	1
7	Mckoy-Sophes, Davante	11 Alvirne	37.40	1	
8	Kenny, Ryan	12 Memorial	37.51	2	
9	Jungkman, Vladomir	11 Nashua North	37.73	2	

10 Valhouli, Zachary	10 Winnacunnet	37.89	1
11 Marchand, Paul	11 Nashua South	38.29	1
12 Mulvey, Riley	11 Salem	38.72	1

## Boys 600 M Run

=====				
State: S	1:19.41	2003	Russell Brown, Hanover	
Division I: D	1:21.85	2007	William Godfrey, Merrimack	
2018 Champ: P	1:23.36	2018	Aidan Kenny, Bedford	
Name	Year	School	Finals	H# Points
=====				
1 Radigonda, Dante	11	Exeter	1:23.82	2 10
2 Eckenrode, Bryce	12	Nashua North	1:24.86	2 8
3 Miller, Colin	11	Nashua North	1:25.83	2 6
4 Keefe, Christopher	10	Nashua South	1:25.93	2 4
5 Walker, Ryan	11	Winnacunnet	1:27.01	1 2
6 Demeo, Elijah	11	Merrimack	1:27.29	2 1
7 Mize, Jeff	12	Pinkerton	1:27.49	1
8 Merkuryev, Maxim	11	Nashua South	1:27.53	1
9 Wilkes, Jackson	12	Concord	1:27.75	1
10 Moyer, Ryan	11	Dover	1:27.99	2
11 Kenny, Aidan	12	Bedford	1:28.08	1
12 McClure, Ryan	10	Timberlane	1:28.65	1

## Boys 1000 M Run

=====				
State: S	2:27.38	1994	Zachary Wright, Conant	
Division I: D	2:31.35	2010	Francis Hernandez, Bishop Guertin	
2018 Champ: P	2:41.32	2018	Matt O Brien, Concord	
Name	Year	School	Finals	Points
=====				
1 Kindopp, Aidan	12	Keene	2:31.46P	10
2 Taylor, Jack	11	Winnacunnet	2:34.20P	8
3 Jakib, Yassine	11	Nashua North	2:38.46P	6
4 Kindopp, Torin	9	Keene	2:39.78P	4
5 Desmaris, Ethan	12	Pinkerton	2:40.19P	2
6 Ndayishimiye, Fisto	12	Concord	2:40.91P	1
7 Flanagan, Matthew	10	Bedford	2:42.13	
8 Peyton, Andrew	11	Merrimack	2:47.90	
9 Preble, Nolan	11	Pinkerton	2:47.91	
10 English, Brian	11	Salem	2:50.63	

## Boys 1500 M Run

=====				
State: S	3:58.63	2006	John Schroeder, Nashua North	
Division I: D	3:58.63	2006	John Schroeder, Nashua North	
2018 Champ: P	4:12.41	2018	David Vorbach, Nashua North	
Name	Year	School	Finals	Points
=====				
1 Winslow, Jacob	12	Exeter	3:57.60S	10
2 O'Hern, Aidan	12	Concord	4:12.55	8
3 Curran, Joseph	11	Nashua North	4:14.29	6
4 MacKenzie, Forest	12	Concord	4:15.34	4
5 Kearns, Brayden	10	Concord	4:15.91	2
6 Donnelly, Colin	11	Winnacunnet	4:18.32	1
7 Boesch Dining, Eli	12	Concord	4:19.77	
8 Heenan, William	10	Londonderry	4:20.72	
9 Gagnon, Joe	12	Pinkerton	4:21.10	
10 Griffin, Matthew	10	Londonderry	4:21.88	
11 Holden, Sean	12	Salem	4:29.86	
12 Taylor, Jack	11	Winnacunnet	4:36.40	

## Boys 3000 M Run

=====				
State: S	8:39.52	2017	Patrick O'Brien, Oyster River	

Division I: D 8:42.52 2009 Francis Hernandez, Bish Guertin  
 2018 Champ: P 8:44.46 2018 David Vorbach, Nashua North

Name	Year	School	Finals	Points
1 Curran, Joseph	11	Nashua North	8:46.73	10
2 Boesch Dining, Eli	12	Concord	8:52.11	8
3 MacKenzie, Forest	12	Concord	8:53.64	6
4 Donnelly, Colin	11	Winnacunnet	8:56.45	4
5 Prince, Gediyon	12	Nashua North	8:59.79	2
6 Holden, Sean	12	Salem	9:30.88	1
7 Denis, Austin	12	Winnacunnet	9:33.37	
8 Sheedy, Tyler	9	Dover	9:37.09	
9 Hoglund, Kyle	12	Londonderry	9:41.73	
10 Daley, Kerry	11	Londonderry	9:43.28	
11 Ramirez, Nico	11	Keene	9:47.35	
-- Gagnon, Joe	12	Pinkerton	DQ	inside line violatio

Boys 55 M Hurdles

State: S 7.34 2017 Billy Powers, Winnacunnet  
 Division I: D 7.42 2018 Billy Powers, Winnacunnet  
 2018 Champ: P 7.42 2018 Billy Powers, Winnacunnet

Name	Year	School	Prelims	H#
Preliminaries				
1 Sutton, Adrian	11	Spaulding	7.83Q	2
2 Spencer, Adam	12	Pinkerton	7.88Q	1
3 Seleny, Conor	11	Pinkerton	7.85q	2
4 Feliz, Manolo	11	Concord	7.99q	2
5 McDonald, Patrick	10	Bedford	8.16q	2
6 Perry, Nasir	11	Nashua North	8.18q	1
7 Kenny, Ryan	12	Memorial	8.19q	1
8 Bailey, Sam	12	Merrimack	8.40q	1
9 Heiser, Dylan	11	Merrimack	8.66	2
10 MacGregor, Thomas	12	Salem	8.69	1
11 Colantuoni, John	11	Bedford	8.72	1
12 Tobler, Eben	10	Winnacunnet	8.86	1
13 Holland, Evan	11	Keene	8.90	2
14 Pacheco, Jacob	11	Bishop Guertin	9.08	2
15 Langevin, Jake	12	Exeter	9.19	1
-- Decosta, Owen	11	Alvirne	DQ	2

Boys 55 M Hurdles

State: S 7.34 2017 Billy Powers, Winnacunnet  
 Division I: D 7.42 2018 Billy Powers, Winnacunnet  
 2018 Champ: P 7.42 2018 Billy Powers, Winnacunnet

Name	Year	School	Finals	Points
Finals				
1 Sutton, Adrian	11	Spaulding	7.73	10
2 Spencer, Adam	12	Pinkerton	7.76	8
3 Seleny, Conor	11	Pinkerton	7.79	6
4 Feliz, Manolo	11	Concord	8.06	4
5 McDonald, Patrick	10	Bedford	8.11	2
6 Perry, Nasir	11	Nashua North	8.23	1
7 Bailey, Sam	12	Merrimack	8.32	
8 Kenny, Ryan	12	Memorial	8.38	

Boys 4x200 M Relay

State: S 1:31.80 1998 Londonderry  
 P West, J Apostoles, C MacInnis, D Caradonna  
 Division I: D 1:32.89 2017 Nashua North  
 T Delicema, R Jenkins, S Mena, J Buckmire

2018 Champ: P 1:35.21 2018

Pinkerton, Pinkerton

M Newman, A Battle, K Baillargeon, J Ruimwijk

School	Finals	H#	Points
1 Pinkerton	1:34.97P	3	10
1) Rosario, JR 10	2) Cotnoir, Patrick 10		
3) Dane, Ryan 10	4) Seleny, Conor 11		
2 Exeter	1:35.06P	3	8
1) Burns, Marshal 12	2) Edmiston, Jason 12		
3) McSweeney, Jack 12	4) Radigonda, Dante 11		
3 Nashua North	1:36.58	3	6
1) Delicema, Triston 12	2) Smith, Isaac 9		
3) Provost, Xavier 10	4) Ouellette, Austin 12		
4 Spaulding	1:37.44	1	4
1) Lane, Ryan 11	2) Sutton, Chandler 10		
3) Langis, Garrett 11	4) Sutton, Adrian 11		
5 Merrimack	1:38.36	3	2
1) Thornton, Adam 12	2) Kyer, Koen 10		
3) Stack, Eric 12	4) Wood, Tristan 12		
6 Concord	1:40.16	2	1
1) Hill, Kyle 11	2) Snyder, Nicholas 11		
3) Feliz, Manolo 11	4) Jenks, Zackary 12		
7 Alvirne	1:41.12	2	
1) Dufault, Adam 12	2) Decosta, Owen 11		
3) Prescott, Alec 11	4) Matrille, Albert 11		
8 Bishop Guertin	1:42.15	1	
1) Pacheco, Jacob 11	2) Condon, Ryan 12		
3) Therrien, Toby 11	4) Holt, Ethan 11		
9 Winnacunnet	1:42.55	1	
1) Corcoran, Troy 12	2) Tobler, Eben 10		
3) Beal, Alexander 12	4) Berman, Benjamin 10		
10 Dover	1:44.26	1	
1) Ciereszynski, Evan 10	2) MacGregor, William 10		
3) Hendrarto, Adriaan 11	4) DiMaria, Donovan 10		
11 Salem	1:46.84	2	
1) MacGregor, Thomas 12	2) Caswell, Mark 10		
3) Michaud, Will 12	4) Mulvey, Riley 11		
12 Bedford	1:47.11	2	
1) Pagliarulo, William 10	2) Kenny, Aidan 12		
3) McDonald, Patrick 10	4) Sarette, Toby 12		

## Boys 4x400 M Relay

School	Finals	H#	Points
State: S 3:27.97	1998	Merrimack	
	J Wright D Hocking B Fiscale R Pickels		
Division I: D 3:30.25	2017	Bedford	
	C Collins, Z Verow, M Giralardi, A Kenny		
2018 Champ: P 3:34.63	2018	Pinkerton, Pinkerton	
	J Ruimwijk, A Spencer, P Hanlon, N Woodman		
1 Exeter	3:31.84P	3	10
1) Green, Brady 11	2) Langevin, Reed 12		
3) Winslow, Jacob 12	4) Radigonda, Dante 11		
2 Nashua North	3:34.49P	3	8
1) Eckenrode, Bryce 12	2) Jungkman, Vladomir 11		
3) Jakib, Yassine 11	4) Miller, Colin 11		
3 Pinkerton	3:36.42	2	6
1) Spencer, Adam 12	2) Coyle, Terence 12		
3) Desmaris, Ethan 12	4) Seleny, Conor 11		
4 Dover	3:36.53	2	4
1) Limbat, Aaron 12	2) DiMaria, Donovan 10		
3) Wallace, Ethan 11	4) Payeur, Jeremiah 9		
5 Merrimack	3:37.55	2	2
1) Peyton, Andrew 11	2) Fischer, Ryan 10		

3) Wood, Tristan 12	4) Demeo, Elijah 11		
6 Bedford		3:40.02	2 1
1) Flanagan, Matthew 10	2) Spires, Tyler 11		
3) Senat, Giovanni 11	4) Verow, Zach 11		
7 Manchester Memorial		3:40.72	1
1) Miller, Zach 12	2) Fraser, Kristjan 12		
3) Gerton, Thomas 12	4) Kenny, Ryan 12		
8 Keene		3:41.24	3
1) Kindopp, Aidan 12	2) Ramirez, Nico 11		
3) Sartini, Sergio 11	4) Kindopp, Torin 9		
9 Winnacunnet		3:42.23	3
1) Walker, Ryan 11	2) Parker, Owen 10		
3) Beal, Nicholas 12	4) Valhouli, Zachary 10		
10 Concord		3:42.44	1
1) Wilkes, Jackson 12	2) Richards, Nick 10		
3) Tarbell, Eaton 10	4) Ndayishimiye, Fisto 12		
11 Nashua South		3:45.29	1
1) Merkuryev, Maxim 11	2) Keefe, Christopher 10		
3) Melendez, Jeremy 10	4) Marchand, Paul 11		
-- Londonderry		DQ	1 lane violation
1) Daley, Kerry 11	2) Hogle, Kyle 12		
3) MacLeod, Damon 10	4) Cassidy, Justin 12		

Boys 4x800 M Relay

=====			
State: S	8:01.45	2008	Merrimack
			B Godfrey, A Beaulieu, B Paison, S Harshman
Division I: D	8:04.96	2006	Manchester Central
2018 Champ: P	8:22.50	2018	Winnacunnet, Winnacunnet
			H O'Hara, J Taylor, T Valhouli, C Donnelly
School			Finals Points
=====			
1 Keene		8:13.53P	10
1) Ramirez, Nico 11	2) Sartini, Sergio 11		
3) Kindopp, Torin 9	4) Kindopp, Aidan 12		
2 Dover		8:18.24P	8
1) Limbat, Aaron 12	2) Wallace, Ethan 11		
3) Payeur, Jeremiah 9	4) Moyer, Ryan 11		
3 Pinkerton		8:35.23	6
1) Preble, Nolan 11	2) Groulx, Steve 12		
3) Mize, Jeff 12	4) Desmaris, Ethan 12		
4 Londonderry		8:40.29	4
1) Daley, Kerry 11	2) Hogle, Kyle 12		
3) Griffin, Matthew 10	4) Heenan, William 10		
5 Merrimack		8:45.75	2
1) Fischer, Ryan 10	2) Mutambarika, Farai 12		
3) Felo, Josh 10	4) Peyton, Andrew 11		
6 Concord		8:49.67	1
1) O'Sullivan, Martin 11	2) Gleason, Aiden 10		
3) Ciesuk, Ryan 10	4) Cook, David 11		
7 Nashua North		8:59.17	
1) Maloney, Cameron 11	2) Urrea, Matthew 10		
3) Bauer, Peter 10	4) Maddock, Jamie 11		
8 Winnacunnet		9:01.07	
1) Lambert, Matthew 11	2) Berman, Benjamin 10		
3) Chea, Rathanak 11	4) Beal, Nicholas 12		
9 Bedford		9:03.09	
1) Senat, Giovanni 11	2) Verow, Nathan 10		
3) Bator, Jasper 11	4) Gamache, Zach 10		

Boys High Jump

=====			
State: S	6-09	2008	Dwight Barbiasz, Milford
Division I: D	6-07	2015	Starlin Ortiz, Londonderry
2018 Champ: P	6-02	2018	Billy Powers, Winnacunnet

Name	Year	School	Finals	Points
1 Small, Matt	12	Pinkerton	6-02.00P	10
2 Langevin, Jake	12	Exeter	6-00.00	7
2 Holt, Ethan	11	Bishop Guertin	6-00.00	7
4 Trasatti, Timothy	11	Timberlane	5-10.00	4
5 Lamar, Thomas	11	Exeter	J5-10.00	2
6 Ostaudelafont, Andre	11	Nashua North	5-08.00	0.50
6 Opsahl, Alex	12	Keene	5-08.00	0.50
8 Spencer, Adam	12	Pinkerton	J5-08.00	
8 Pacheco, Jacob	11	Bishop Guertin	J5-08.00	
8 Delicema, Triston	12	Nashua North	J5-08.00	
-- Sutton, Adrian	11	Spaulding	NH	

## Boys Long Jump

Name	Year	School	Finals	Points
State: S 24-01.75 1982 Ron Content, Manchester Central				
Division I: D 22-05.50 2002 Tristan Hall, Londonderry				
2018 Champ: P 20-11.75 2018 Lucien Mumpini, Bedford				
Name	Year	School	Finals	Points
1 Dane, Ryan	10	Pinkerton	21-09.00P	10
2 Marchand, Paul	11	Nashua South	21-08.75P	8
3 Delicema, Triston	12	Nashua North	21-06.25P	6
4 Mumpini, Lucien	12	Bedford	20-05.25	4
5 Lane, Ryan	11	Spaulding	20-04.25	2
6 Harrell, Joron	12	Pinkerton	20-00.00	1
7 Cotnoir, Patrick	10	Pinkerton	19-08.75	
8 Smith, Isaac	9	Nashua North	19-02.50	
9 Rollins, Jacob	12	Memorial	19-01.75	
10 Provost, Xavier	10	Nashua North	18-09.75	
11 Rosario, JR	10	Pinkerton	18-06.75	
12 Spires, Tyler	11	Bedford	17-09.00	

## Boys Shot Put

Name	Year	School	Finals	Points
State: S 63-03.50 2010 Dominic Filiano, Lebanon				
Division I: D 56-00.75 2006 Scott O'Neil, Nashua North				
2018 Champ: P 46-07.50 2018 Kaleal Cerafici, Pinkerton				
Name	Year	School	Finals	Points
1 Hagearty, Patrick	12	Londonderry	51-04.50P	10
2 Whitney, Ryan	12	Exeter	45-11.75	8
3 Smith, Jordan	12	Nashua North	45-08.00	6
4 Labossiere, Jordan	12	Salem	45-01.00	4
5 Francis, Jassiah	11	Central	45-00.75	2
6 Roy, Adam	11	Bedford	44-07.50	1
7 Gormley, Owen	11	Salem	44-00.75	
8 Antal, Joshua	12	Exeter	41-02.25	
9 Cross, Nolan	11	Exeter	39-01.00	
10 Broussard, Justin	11	Alvirne	39-00.50	
11 Sutton, Chandler	10	Spaulding	38-10.75	
12 White, Hudson	11	Spaulding	38-04.50	

## Men - Team Rankings - 13 Events Scored

1) Pinkerton	75	2) Nashua North	67.50
3) Exeter	67	4) Concord	35
5) Keene	24.50	6) Merrimack	23
7) Spaulding	20	8) Bedford	19
9) Londonderry	15	9) Winnacunnet	15
11) Dover	12	11) Nashua South	12
13) Bishop Guertin	7	14) Salem	5
15) Timberlane	4	16) Manchester Central	2