

NHIAA Girls Cross Country Meet of Champions

| Year | Champion | School |
|------|--------------------|--------------------|
| 1976 | Beth Clark | Bishop Brady |
| 1977 | Kim Koch | Newmarket |
| 1978 | Kim Koch | Newmarket |
| 1979 | Kim Koch | Newmarket |
| 1980 | Cathy Schiro | Dover |
| 1981 | Cathy Schiro | Dover |
| 1982 | Cathy Schiro | Dover |
| 1983 | Cathy Schiro | Dover |
| 1984 | Cathy Schiro | Dover |
| 1985 | Zephyr Teachout | Hanover |
| 1986 | Emily Cartwright | Keene |
| 1987 | Zephyr Teachout | Hanover |
| 1988 | Alais Griffin | Hanover |
| 1989 | Kristin Cobb | Timberlane |
| 1990 | Emily Hodgson | Manchester Central |
| 1991 | Danyelle Wood | Spaulding |
| 1992 | Danyelle Wood | Spaulding |
| 1993 | Danyelle Wood | Spaulding |
| 1994 | Cara Aley | Hanover |
| 1995 | --- | --- |
| 1996 | Erica Palmer | Monadnock |
| 1997 | Erica Palmer | Monadnock |
| 1998 | Amy Ruston | Nashua |
| 1999 | Amy Ruston | Nashua |
| 2000 | Rachel Umberger | Concord |
| 2001 | Catherine Bryson | Hanover |
| 2002 | Catherine Bryson | Hanover |
| 2003 | Andrea Walkonen | Conant |
| 2004 | Katie Chwasciak | Merrimack Valley |
| 2005 | Ashley Morgenstern | Pinkerton |
| 2006 | Georgia Griffin | Hanover |
| 2007 | Georgia Griffin | Hanover |
| 2008 | Heidi Caldwell | Hanover |
| 2009 | Heidi Caldwell | Hanover |
| 2010 | Chole Maleski | Keene |
| 2011 | Courtney Hawkins | Milford |
| 2012 | Alexa Pelletier | Winnacunnet |
| 2013 | Maegan Doody | Oyster River |
| 2014 | Maegan Doody | Oyster River |
| 2015 | Maegan Doody | Oyster River |
| 2016 | Jacqueline Gaughan | Exeter |
| 2017 | Jacqueline Gaughan | Exeter |
| 2018 | Sophia Reynolds | Merrimack Valley |