**2019-2020 NEW HAMPSHIRE INDOOR TRACK LEAGUE SCHEDULE**

**Saturday, December 14**

**UNH UNH Exeter Academy Plymouth State**

10:00 a.m. 3:00 p.m. 1:00 p.m. 10:00 a.m.

Pembroke Portsmouth Phillips Exeter Merrimack Valley

Sanborn Londonderry Pelham Central

Campbell Pinkerton Dover Bishop Brady

Raymond Spaulding Merrimack Windham

Mascenic Winnacunnet Bow Concord

Conant Exeter Salem West

Oyster River Nashua South Portsmouth Christian Winnisquam

Newmarket Bishop Guertin Con-Val Franklin

Kingswood Epping Belmont

Prospect Mountain Laconia

Plymouth

Gilford

**Sunday, December 15**

**Dartmouth**

12:00 Noon

Milford White Mountains

Lebanon Souhegan

Nashua North Kearsarge

Timberlane Fall Mountain

Newport Goffstown

Hanover Keene

Monadnock Vermont Schools

Mount Royal

**Wednesday, December 18**

**Exeter Academy 3:30 p.m.**

Phillips Exeter Exeter

Spaulding St. Thomas

Raymond Sanborn

Portsmouth Christian Portsmouth

Campbell

**Thursday, December 19 - UNH (JV Meet) 5:00 p.m.**

**Saturday,December 21**

**Plymouth State 10:00 a.m.**

Belmont Merrimack Valley

Laconia Goffstown

Bishop Brady Gilford

Plymouth West

Winnacunnet Winnisquam

Pembroke Kearsarge

Prospect Mountain Pelham

Bow Franklin

Milford

**Saturday, December 21**

**UNH UNH**

10:00 a.m. 2:00 p.m.

Alvirne Central

Dover Conval

Oyster River Timberlane

Hollis/Brookline Salem

Kennett Windham

Souhegan Coe Brown

Nashua South Bedford

Kingswood Nashua North

**Sunday, December 22**

**Dartmouth - Noon**

Concord Lebanon

Memorial Trinity

Conant Hanover

Bishop Guertin Fall Mountain

Pinkerton Monadnock

Newport White Mtns

Keene Mount Royal

Mascenic Vermont Schools

**Friday, December 27 - UNH (JV Meet) Noon**

**Saturday, December 28 (no 3000m; 4 x 800m relay instead)**

**Plymouth State UNH UNH**

10:00 a.m. 10:00 a.m. 2:00 p.m. PlymouthSt. Thomas Windham

Bishop Brady Portsmouth Christion Bishop Guertin

Sanborn Oyster River Concord

Kingswood Kennett Memorial Gilford Epping Bedford

Souhegan Trinity Pinkerton

Conant Campbell Nashua North

Merrimack Valley West Exeter

Milford Pelham

Winnisquam Pembroke

Mascenic Newmarket

Prospect Mountain

Belmont

Bow

Laconia

Franklin

Salem

**Friday, December 27 (no 3000m; 4 x 800m relay instead)**

**Dartmouth Noon**

Central Merrimack Keene

Lebanon Londonderry White Mtns.

Hanover Alvirne Coe Brown

Newport Hollis/Brookline Raymond

Kearsarge Conval Monadnock

Nashua South Fall Mountain Vermont Schools

Mount Royal

**Friday, January 3 - UNH (JV Meet) 5:00p.m.**

**Saturday, January 4**

**UNH UNH**

10:00 a.m. 2:00 p.m.

Nashua South Concord

Hollis/Brookline Lebanon

Nashua North Londonderry

Merrimack Pinkerton

Memorial Hanover

Central Keene

Trinity Bedford

West Mount Royal

**Plymouth State**

10:00 a.m. 2:30 p.m.

Merrimack Valley Dover

Goffstown Exeter

Timberlane Spaulding

Kennett Winnacunnet

Alvirne Portsmouth

Epping St.Thomas

Sanborn Oyster River

Coe Brown Newmarket

**Thursday, January 9 - Girls New Hampshire Wildcat Relays 4:00 p.m.**

**Saturday, January 11 - Dartmouth Relays**

Each school must make its own entries. Entries must be postmarked by mid-December. For entry information, go to www.LancerTiming.com

**Saturday, January 11 Sunday, January 12**

**Exeter Academy Plymouth State**

1:00 p.m. 10:00 a.m.

Phillips Exeter Plymouth

Memorial Newport

Windham Conval

Bedford Hollis/Brookline

Londonderry Coe Brown

Timberlane Kennett

Trinity Pembroke

Kingswood Merrimack Valley

St. Thomas Campbell

Pelham White Mtns.

Portsmouth Christian Gilford

Belmont

Laconia Winnisquam

Franklin

**Sunday, January 12**

**UNH UNH**

10:00 a.m. 2:00 p.m.

Merrimack Goffstown

Conant Alvirne

Portsmouth Dover

Souhegan Spaulding

Milford Winnacunnet

Kearsarge Monadnock

Prospect Mountain Bishop Brady

Mascenic Bishop Guertin

Newmarket Epping

Salem Bow

Raymond Fall Mountain

**Thursday, January 16 - Boys New Hampshire Wildcat Relays 4:00 p.m.**

**Sunday, January 19**

**UNH UNH**

10:00 a.m. 2:00 p.m.

ALL DIVISION III SCHOOLS TEAM PENTATHLON

**Saturday, January 25 - Qualifying Standards Must Be Met**

**Exeter Academy**

1:00 p.m.

Phillips Exeter Bishop Guertin

Alvirne Bedford

Dover Oyster River

Nashua South Souhegan

Concord Salem

Hollis/Brookline

**Sunday, January 26 - Qualifying Standards Must Be Met**

**UNH UNH**

10:00 a.m. 2:00 p.m.

Goffstown Lebanon

Hanover ConVal

Memorial Spaulding

Milford Pembroke

Central Sanborn

Trinity St. Thomas

Portsmouth Keene

Timberlane Pelham

Merrimack Bow

West Exeter

Coe Brown Plymouth

Londonderry Kennett

Pinkerton Kingswood

Merrimack Valley Winnacunnet

Nashua North ALL DIVISION III SCHOOLS

Windham

**Saturday, February 1 - 1:00 p.m. (Qualifying Standards) (no 3000m; all 3 relays will be run)**

**Exeter Academy**

Phillips Exeter

Nashua North

Windham

Portsmouth

Winnacunnet

Oyster River

Pinkerton

Spaulding

**Sunday, February 2 (Qualifying Standards) (no 3000m; all 3 relays will be run)**

**UNH**

10:00 a.m. All Division II and III schools

2:00 p.m. All Division I schools

**Sunday, February 9**

10:00 a.m.. boys and girls DIVISION II STATE MEET dARTMOUTH cOLLEGE

**Sunday, February 9**

3:30 p.m. BOYS AND girls DIVISION I State Meet dartmouth college

**Saturday, FEBRUARY 29??**  new england championships reggie lewis center, boston