

NHIAA Boys Indoor Track Records

Event	Record-Holder(s)	Distance/Time	School	Year
Shot Put	Dominic Filiano	63' 3.5"	Lebanon	2010
Long Jump	Ron Content	24' 1.75"	Manchester Central	1982
High Jump	Dwight Barbiasz	6' 9"	Milford	2008
55m HH	Cody Kretschmer	7.44	Pinkerton	2002
55 m Dash	Dominique Worsley	6.38	Manchester Central	2004
300 m Dash	Dominique Worsley	35.02	Manchester Central	2005
600 m Run	Russell Brown	1:19.41	Hanover	2003
1000 m Run	Zachary Wright	2:27.38	Conant	1994
1500 m Run	John Schroeder	3:58.63	Nashua North	2006
3000 m Run	Francis Hernandez	8:42.52	Bishop Guertin	2009
4 x 160 Relay	John Gerald, Josh Periman, Nick Fabiano, Lyndon Spleen	1:14.31	Nashua	2001
4 x 200 Relay	Phil West, Jon Apostoles, Charlie MacInnis, Dave Caradonna	1:31.80	Londonderry	1998
4 x 400 Relay	Jason Wright, Dan Hocking, Bryan Fiscale, Rob Pickels	3:27.97	Merrimack	1998
4 x 800 Relay	Bill Godfrey, Alex Beaulieu, Brian Paison, Steve Harshman	8:01.45	Merrimack	2008

NHIAA Girls Indoor Track Records

Event	Record-Holder(s)	Distance/Time	School	Year
Shot Put	Laura Gerraughty	53'0"	Nashua	2001
Long Jump	Hilary Holmes	18'6.25"	Exeter	2012
High Jump	Paige McConney	5'10"	Bishop Guertin	2005
55m HH	Betsy Garnick	8.01	Bishop Guertin	2013
55m Dash	Angie Johnson	7.14	Nashua	1989
300m Dash	Anna Cioffredi	39.87	Lebanon	2007
600m Run	Molly McCabe	1:32.00	Bishop Guertin	2014
1000m Run	Maegan Doody	2:49.08	Oyster River	2015
1500m Run	Shannon Murdock	4:36.79	Exeter	2014
3000m Run	Amy Ruston	9:59.34	Nashua	1999
4 x 160 Relay	Kristen Meisner, Blair Curran, Corrin Dembloski, Tracy Drown	1:25.21	Nashua	1999
4 x 200 Relay	Cathy Liebowitz, Kelly Luden, Annie Pullen, Becca Valente	1:45.99	Lebanon	2010
4 x 400 Relay	Molly McCabe, Sarah Burke, Betsy Garnick, Rachel Pelletier	3:57.67	Bishop Guertin	2013
4 x 800 Relay	Jen Stevens, Trisha Hewitt, Liz Gesel, Sarah Girard	9:37.52	Manchester Central	2001