

### NHIAA Boys Outdoor Track Records

Event	Record-Holder(s)	Distance/Time	School	Year
Shot Put	Dominic Filiano	64' 1"	Lebanon	2010
Javelin*	Ed Mikula	229' 11"	Hanover	1974 * Retired Record
Javelin	Jackson Womack	196'7"	Hanover	2005
Discus	Ryan Caswell	179'5"	Merrimack Valley	2002
Long Jump	Taylor Smith	23'5 ¾"	Timberlane	1998
Triple Jump	Ron Content	47'5"	Manchester Central	1982
High Jump	Dwight Barbiasz	7'1"	Milford	2008
110m H (39")	D'Mahal McFadden	14	Merrimack Valley	2011
300m H (36")	D'Mahal McFadden	37.71	Merrimack Valley	2011
100m	Dominique Worsely	10.8	Manchester Central	2004
200m	Dominique Worsely	20.92	Manchester Central	2006
400m	Steve Carroll	48.27	Londonderry	2009
800m	Russell Brown	01:50.9	Hanover	2003
1600m	Francis Hernandez	04:07.8	Bishop Guertin	2010
3200m	Aaron Watanabe	08:59.4	Hanover	2010
4x100m Relay	Nicholas Villani, MacKenzie Turgeon, Dylan York, Joseph Thibeault	42.86	Bedford	2013
4x400m Relay	Jake Kittredge, Nate Kittredge, Sam Ballard and Tanner Kent	03:23.5	Souhegan	2013
4x800m Relay	Jake Kittredge, Nate Kittredge, Sam Ballard and Tanner Kent	07:47.4	Souhegan	2013
Pole Vault	Jake Radzevich	15'08"	Pinkerton	2002

### NHIAA Girls Outdoor Track Records

Event	Record-Holder(s)	Distance/Time	School	Year
Shot Put	Laura Gerraughty	51' 3 ½"	Nashua	2000
*Javelin	Michelle Duhaime	150' 2"	Manchester Central	1981 * Retired Record
Javelin	Danika Ham	149' 9"	Somersworth	2007
Discus	Kelsey Huckins	158' 09"	Keene	2007
Long Jump	Bree Robinson	19' 4 ½"	Pinkerton	2008
Triple Jump	Ellen Powers	40' 2"	Bishop Guertin	2007
High Jump	Alison Poulin	5' 10"	Oyster River	1988
*100m H (30")	Sheri Gagnon	14.38	Nashua	1981 * Retired Record
100m H (33")	Betsy Garnick	14.23	Bishop Guertin	2013
300m H (30")	Katie Gayman	43.63	Manchester Central	1997
100m	Betsy Garnick	14.23	Bishop Guertin	2013
200m	Kathy Lawson	24.44	Keene	1971
400m	Anna Cioffredi	55.59	Lebanon	2007
800m	Hannah Parker	02:06.4	Coe-Brown	2013
1600m	Arianna Vailas	04:47.5	Manchester Central	2010
3200m	Erica Palmer	10:27.1	Monadnock	1997
4x100m Relay	Monique Martinez, Stacey Reynolds, Shelley Dumaine, Angela Johnson	48.95	Nashua	1988
4x400m Relay	Sarah Burke, Rachel Pelletier, Betsy Garnick, Molly McCabe	03:53.9	Bishop Guertin	2013
4x800m Relay	Shannon Veilleux, Sarah Burke, Molly McCabe, Cecilia Barowski	09:15.0	Bishop Guertin	2011
Pole Vault	Jacilyn Briggs	12' 9"	Kenne	2012