

2023-24 NFHS VOLLEYBALL RULES POWERPOINT

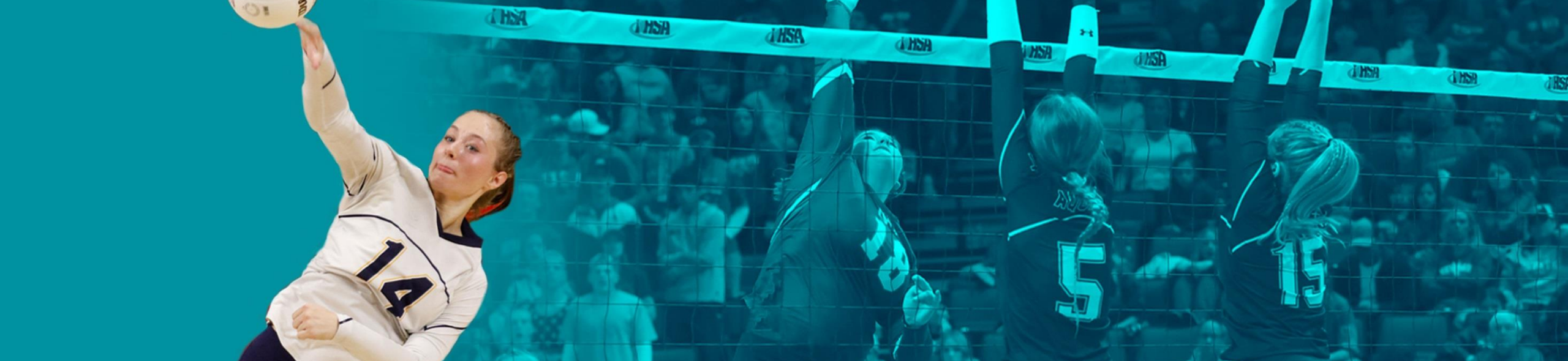
National Federation of State
High School Associations



Rules Changes
Editorial Changes
Points of Emphasis

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Rules Changes

2023-24 NFHS VOLLEYBALL





COACHING ZONE

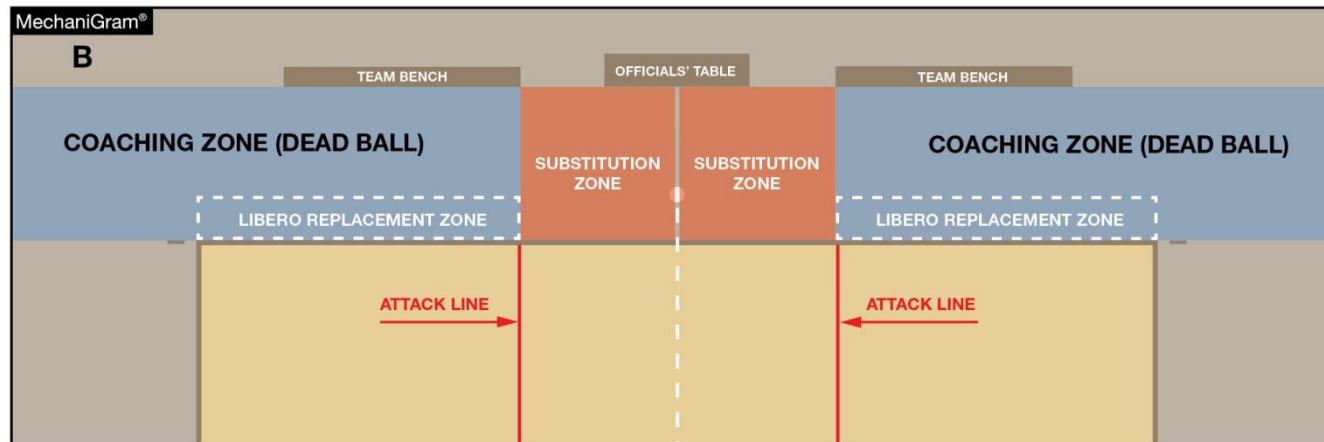
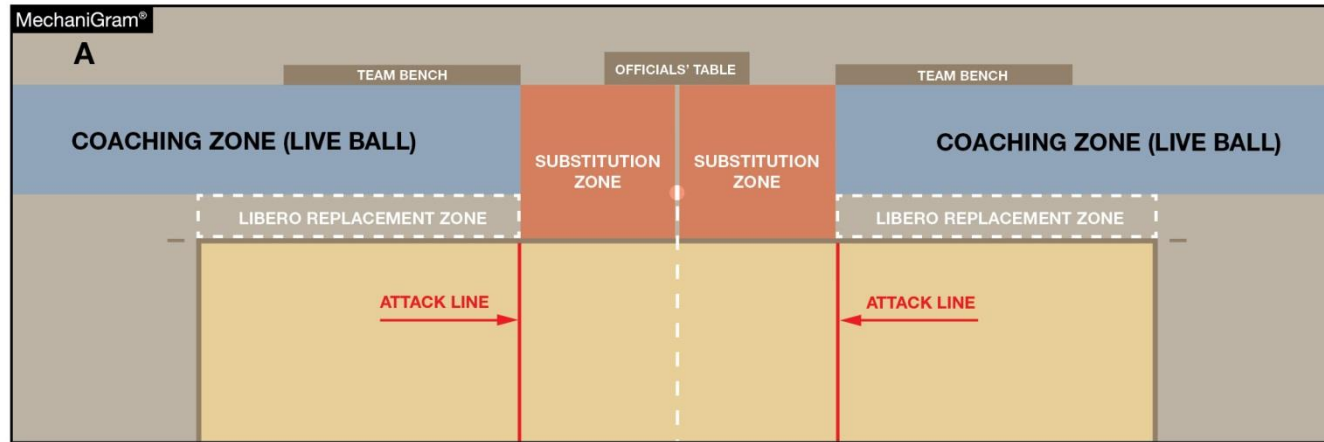
- 1. New coaching zone**
- 2. Coaching zone privileges
extended to assistant coach during
dead ball**





THE COURT AND MARKINGS

2-1-9 (NEW) & 12-2-5



- A new Coaching Zone has been established to clearly identify the area in which coaches are allowed to stand.
- This area is defined by the libero replacement zone extending beyond the end line and sideline extended.
- Head coaches must maintain a distance of at least 6 feet from the sideline during live-ball situations (MechaniGram A) and may approach the sideline during dead-ball situations (MechaniGram B).



COACHING ZONE

- One assistant coach at a time may stand in the coaching zone during a **DEAD BALL** to instruct/coach players.

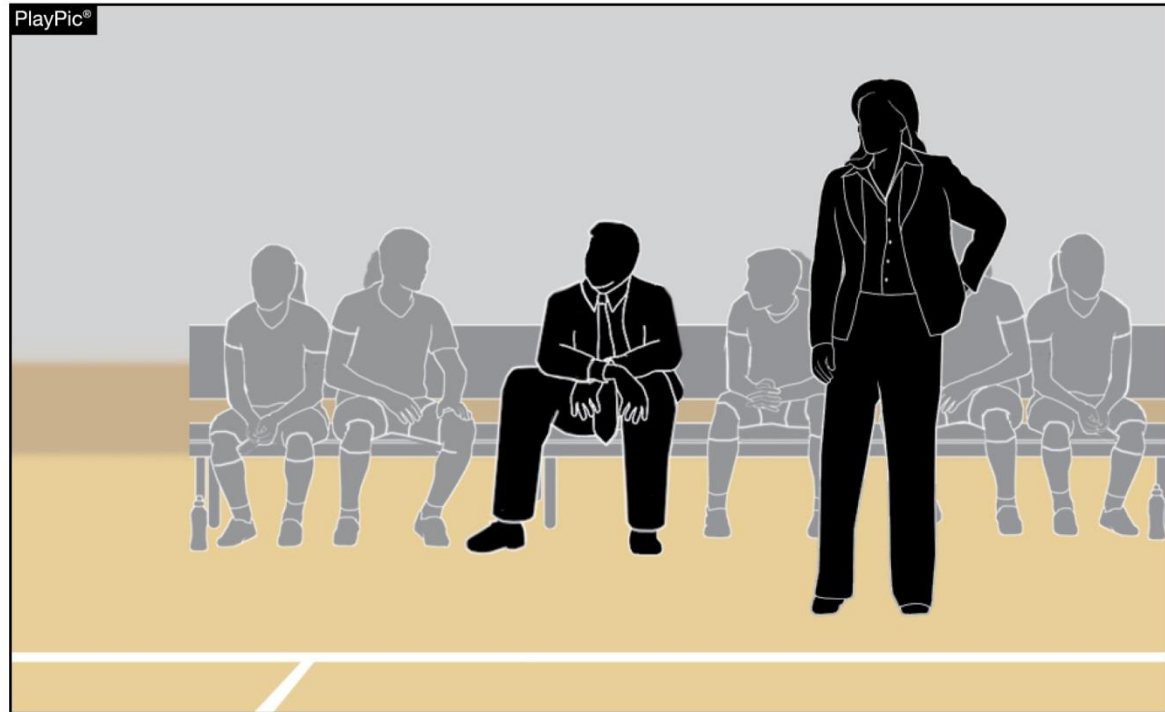
COACHING ZONE PRIVILEGES



- The pre-match conference provides an opportunity for the officials to identify the head coach of each team for the current match.
- During the pre-match conference, officials should remind head coaches that **only one** assistant coach at a time may stand during a dead ball.

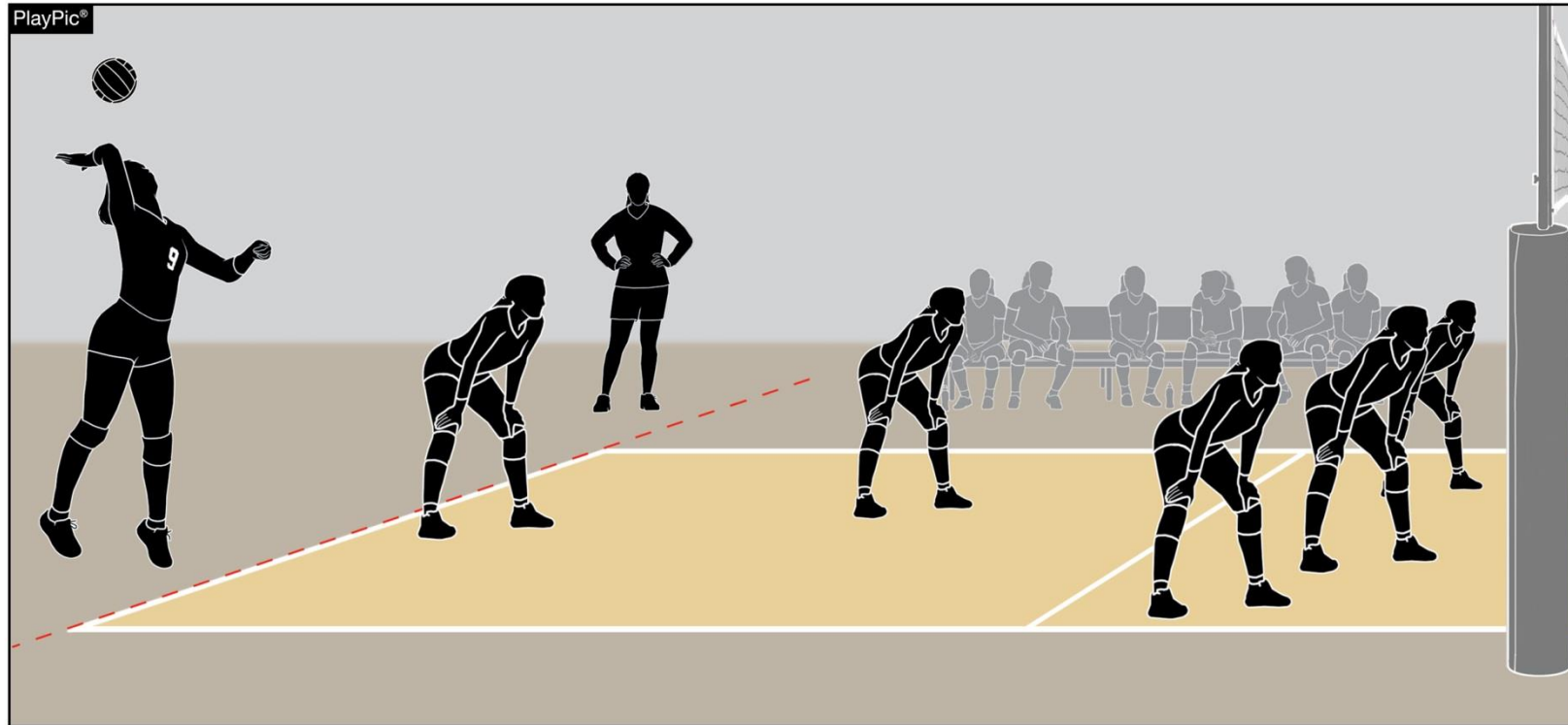


COACHING ZONE PRIVILEGES



- Once the first referee extends an arm for the authorization of serve, the assistant coach must return to the bench and may not stand again until the next dead ball.

COACHING ZONE PRIVILEGES



- The head coach may stand and coach beyond the libero replacement zone. However, the coach must remain six feet off the court during play and may not cross the sideline extended during dead-ball situations.



COACHING ZONE PRIVILEGES

- Assistant coaches may not address officials, except to:
 - Review the accuracy of the score,
 - Verify the number of time-outs used by their team,
 - Verify the number of substitutions used by their team, or
 - Verify the proper server for the opponent.
- Abuse of these privileges will result in:
 - **Yellow** Conduct Card (warning) for first minor offense;
 - **Red** Conduct Card (penalty) for first serious or second minor offense and loss of rally/point is awarded to opponent.





COACHING ZONE PRIVILEGES

- **Conduct cards issued to team coaches are cumulative.**

Example: Team A's Assistant coach receives a conduct yellow card in set one and then Team A's Head Coach receives a conduct card in set two resulting in a red card being assessed.

PENALTY: Point/loss of rally awarded to Team B and Team A coaches lose coaching zone privileges and are restrained to the bench for the remainder of the match.

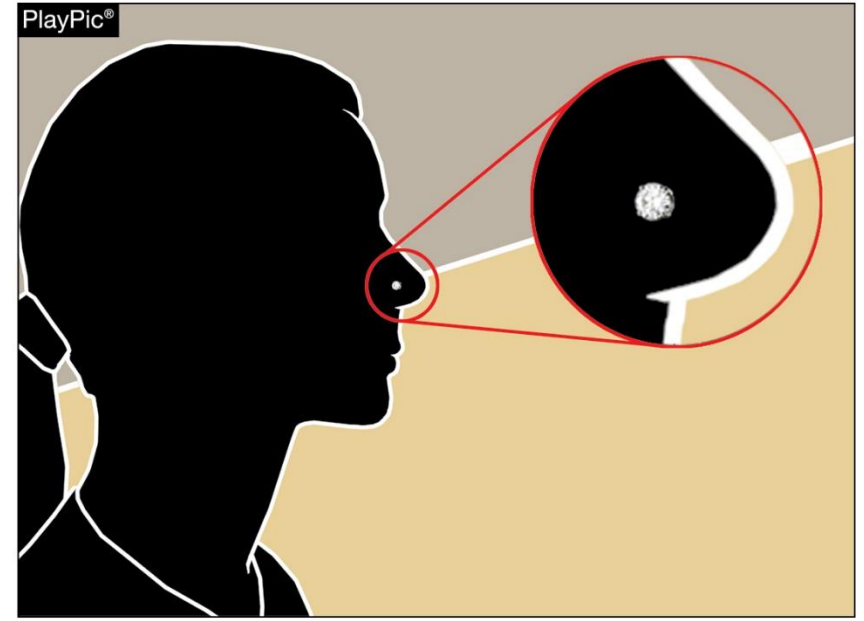
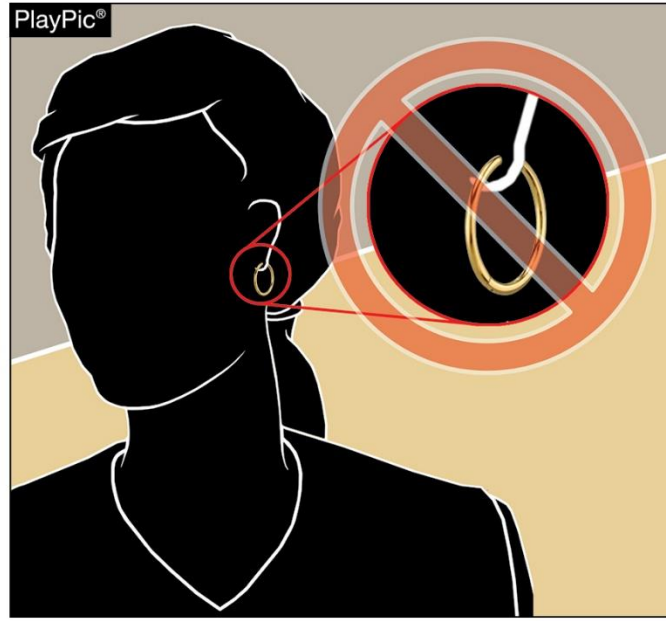
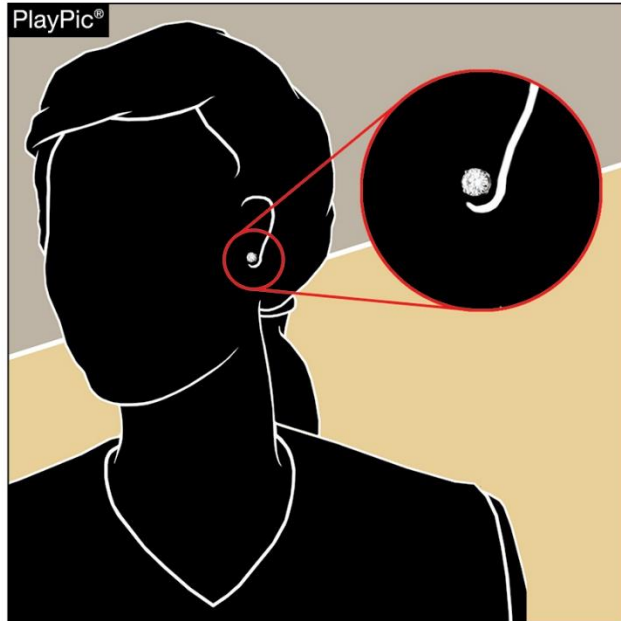
*****Reminder: all conduct cards issued to bench personnel are also included.**





EQUIPMENT AND ACCESSORIES

4-1-7



- Small, secured stud or post jewelry may be worn above the chin.
- No jewelry is permitted below the chin.

EQUIPMENT AND ACCESSORIES

- Rings such as Nose rings, Eye brow rings, etc. are ILLEGAL.





EQUIPMENT AND ACCESSORIES

4-1-7



- String bracelets, commemorative bracelets and body jewelry are considered jewelry and are not permitted.
- Taping over jewelry is not permitted.
 - Exceptions remain for religious and medical alert medals

EQUIPMENT AND ACCESSORIES

- Ear Pods, headphones and other devices are considered **ILLEGAL EQUIPMENT**.



***Medical devices are to be approved by the NHIAA.



LEGAL UNIFORM 4-2-4b



- Numbers with a leading zero (01, 02, 03, etc.) will be non-compliant beginning in 2028.
- Legal uniforms must be numbered 0-99.

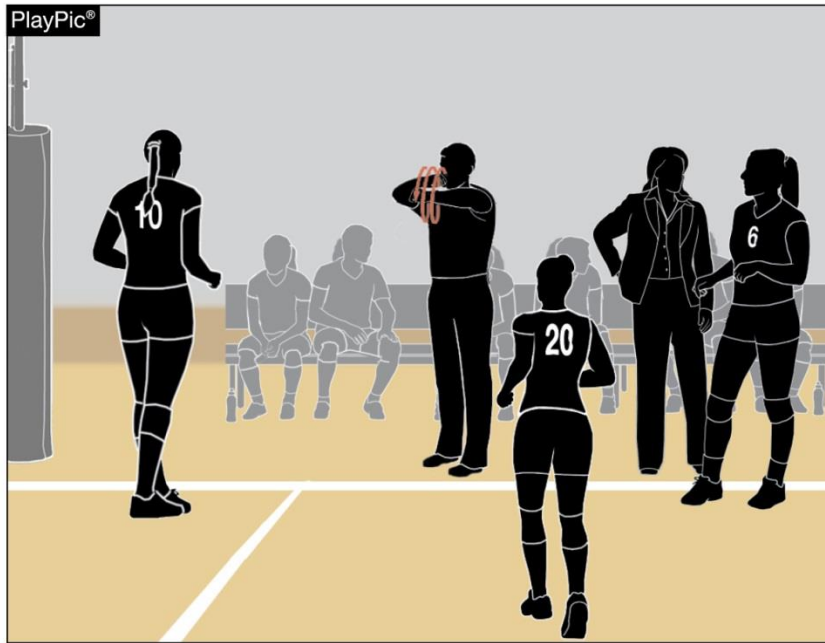




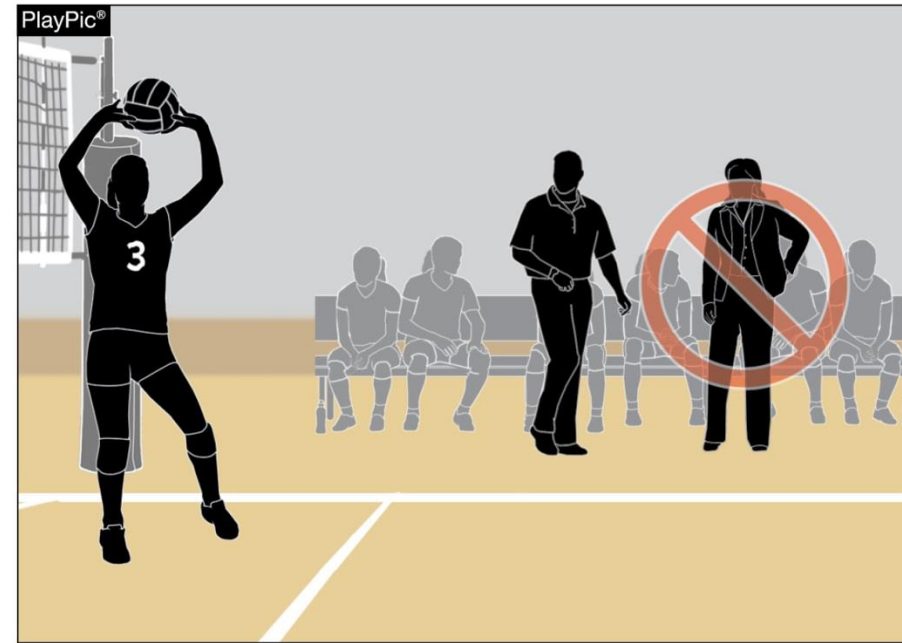
CONDUCT

5-5-3b(11), 12-2-6

Dead Ball



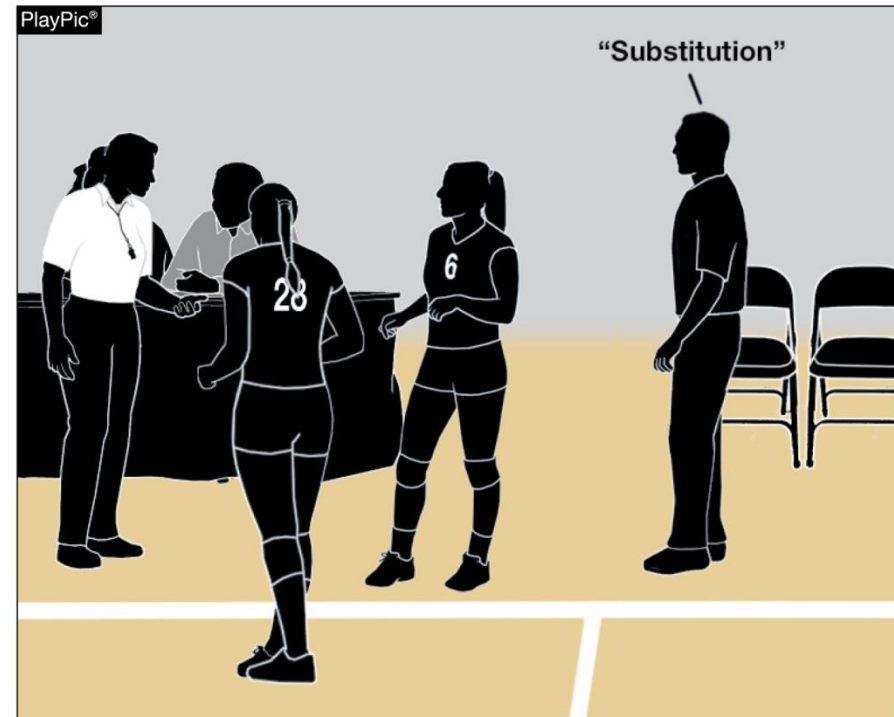
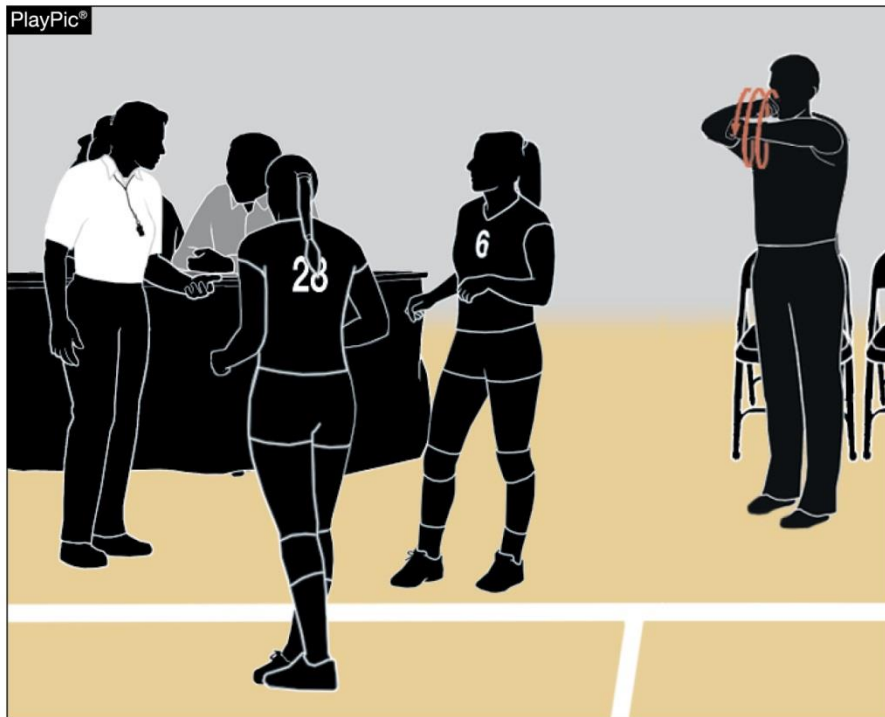
Live Ball



- One assistant coach may stand within the coaching zone to provide instruction during dead-ball situations only.
- The assistant coach who stands may change throughout the match – **only one** can stand at a time.



PROCEDURE FOR SUBSTITUTION 10-2-1



- The head coach may signal or verbally request a substitution.



4-2-4c LEGAL UNIFORM



ILLEGAL (2023)

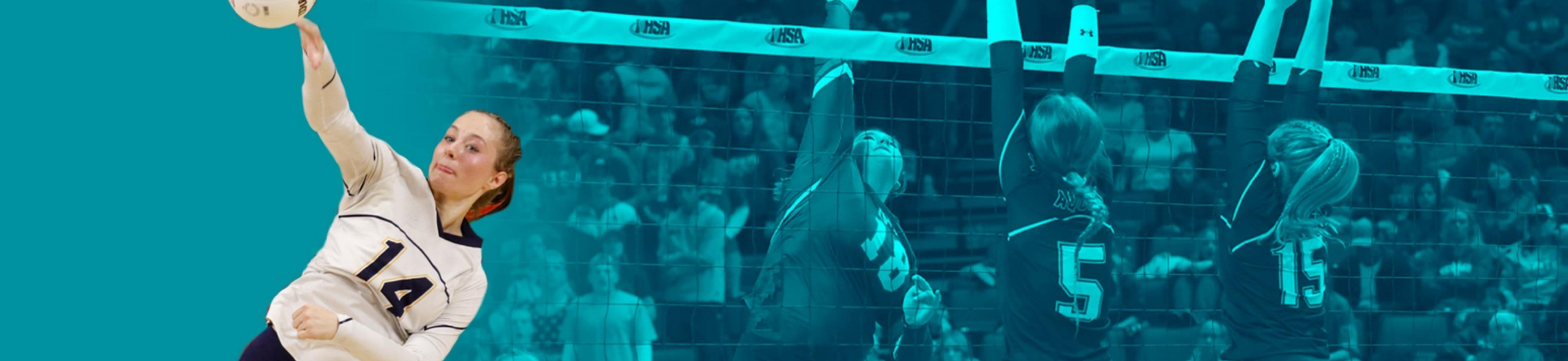


LEGAL



LEGAL

- Beginning with the 2023 season, the body of the uniform number must clearly contrast with the uniform top regardless of the border/trim.



Editorial Change

2023-24 NFHS VOLLEYBALL

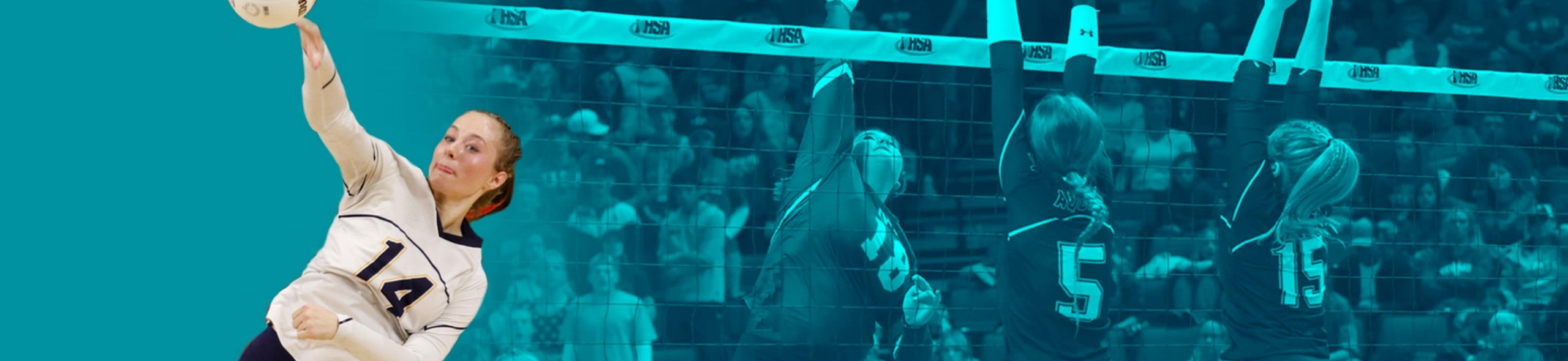




EDITORIAL CHANGES

- 2-1-1, 2-1-3, 2-1-4, 2-1-5, 2-1-6, 3-1-1, 3-1-2, 3-5
Added “or” before the metric measurement to clarify that either measurement is legal.
- 5-5-3b(10), 9-1-1, 10-2-7a(1)
Added appropriate reference to the new “coaching zone.”
- 10-2-1
Eliminated clerical error that a captain could request a substitution.





Points of Emphasis

2023-24 NFHS VOLLEYBALL





REMINDERS

- **NHVOA/NHIAA**





SCORER'S TABLE

- No cell phones
- Official scorer will be seated next to timer.
- Tracker will sit next to Official Scorer
- Visiting scorer will sit next to tracker, if there is room.
- Home team will supply the tracker





PREMATCH WARM UPS:

- ***3-6-6-3**
- **3-minute transition time (following JV match)**clock starts when jv match finishes.**
- **6- minute visiting team**
- **6- minute home team**
- **3- minute shared time**
- **During the 6 minute warm up time for each team the opposing team may not be warming up (of any kind) in the same gym.**
- **During the 3-minute transition and shared time teams must remain on their own side of the court. No serving is allowed.**





PRE-MATCH WARM UPS

- Jewelry/proper footwear rule is in effect for all (excluding coaches) that are participating in the pregame warm ups on the playing service. This includes student ball shaggers. If illegal jewelry/improper footwear is discovered during the warm ups the coach is to be immediately notified and the situation immediately corrected. Violations during the prematch (excluding a conduct card) do not carry over to the match.





LENGTH OF MATCHES:

- **Varsity:** 3 out of 5 sets to 25 with the 5th set, if necessary, to 15
- **JV:** 3 sets(25-25-15) regardless of whether a team wins the first 2 sets. *When the score of a sub-varsity match is 2-0 there will be no coin toss by the official prior to the third set. The teams will return directly to their home bench and will prepare for the third set. Service will go to the team that has lost the previous two sets.*



STOPPING MATCHES FOR MILESTONE RECOGNITION

- During a regular season match a set may be stopped to celebrate a milestone (i.e. 500 kills, 1000 assists, etc.) and the celebrating team will not be charged a timeout. Teams will report to the bench areas for a brief ceremony and then return to the court. Post season matches will not be stopped.





LATE ARRIVING TEAMS

- If a visiting team fails to arrive at a contest at its' scheduled start time, without notifying the home school, the officials shall not wait longer than 45 minutes. After the 45 minute wait the game will be called as a "no game." In the event the visiting team calls ahead to inform the home school they are experiencing difficulties arriving for the start of the contest the officials shall remain in order to start the contest.
- ***** Volleyball Committee has decided that if the visiting team is running late the officials may use their discretion regarding the order of warm-ups for the JV match.





DISQUALIFICATIONS

- **Officials will report to the supervisor of officials the issuance of all conduct cards (yellow or red) and all disqualifications of coaches and players.**
- **Officials will also report any unusual situations at a facility, illegal uniforms, spectator problems, unusual game situations, etc. to the supervisor of officials and/or the rules interpreter.**





CHECK THE WEBSITE

Check the NHIAA website for policy and procedures for volleyball.





RERUITING OFFICIALS

- **As with all officiating organizations we are in need of more officials.**

Program is open and can be accessed through the NHIAA website or the NHVOA website.

Program is tailored to the level of the applicant.





QUESTIONS DURING THE SEASON

- Rule Clarifications- Contact Rules Interpreter Rick Forge
forge@worldpath.net
- Facility/Official issues- Contact Supervisor Phil Mollica
pmoll2001@yahoo.com
- Scheduling issues- Contact Assigner Dick Dumais
ddumais11@me.com



HAVE A GREAT SEASON

