

Q: Who are the contacts to provide CPR?  
A: Local health personnel, school nurses, local Fire Department, NH Heart Association, American Red Cross.

Q: What is the certification time for CPR?  
A: The certification is valid for two years through the American Heart program and 1 year through the American Red Cross program.

Q: Are coaches that are eligible in other states automatically eligible in our state?  
A: No, the qualifications would have to be reviewed first to ensure they meet the requirements in our state.

Q: Are certified teachers automatically eligible?  
A: They must meet the eligibility requirements listed in the by-law.

Q: What is the best estimate of the cost to a school to implement this program?  
A: It could cost \$100.00 per coach depending on the resources available in the community.

Q: Will coaches at any level be grandfathered?  
A: No.

Q: How will coaches have access to rules review meetings?  
A: Coaches may attend meetings sponsored by the various Coaches Associations, meetings scheduled by the various sports officials organizations, or invite officials to the school to sponsor a rules review –(only in certain sports) (recommended yearly, required every three years)

## NHIAA Coaches

### Education Committee:

Jason Strniste, Bishop Guertin, Chair

Mike Atkins, Keene

Erin Boucher, Manchester

Kenny Edwards, Merrimack Valley

Craig Kozens, Laconia

Tom Kozikowski, Portsmouth

Andy Lathrop, Oyster River

Dave Morissette, St. Thomas



**OFFICIAL  
INTERPRETATION  
OF  
BY-LAW ARTICLE I:  
POLICY  
SECTION 32:  
COACHES ELIGIBILITY**

For:  
Principals, Athletic Directors,  
Coaches, Officials & Parents

**2024-25**

## BY-LAW ARTICLE I: POLICY

### SECTION 32:

### COACHES ELIGIBILITY

#### USA Cheer Safety and Risk Management

In order to be eligible to coach in a NHIAA member school the person must have (or be in the presence of someone with\*) (CM 5.2016):

- A. A current certification in First Aid.
- B. A current certification in CPR with AED Certification
- C. Completed a Coaching Principles Course approved by the Coaches Education Committee. Approved list is located on the NHIAA website.
- D. Completed the NFHS Concussion Course (free of charge). This course MUST be taken prior to any coaching and a new certificate on file the start of every even numbered school year (i.e. 2024-25; 2026-27).
- E. Completed the NFHS Heat Illness Course (free of charge). This course MUST be taken prior to any coaching, and is a one and done course.
- F. Highly Recommended 2024-25; 2025-26 (NFHS Certification Level 1 & 2 upon completion)
  - Protecting Students from Abuse
  - Student Mental Health Suicide Prevention
- G. All first year head varsity coaches must attend a rules review (live/zoom) within one year of hire hosted by the sport official's association. All head varsity coaches in their second year or beyond are required to complete a yearly on-line rules update or attend a rules review given by their sports specific rules organization.
- H. All first year gymnastics coaches are required to attend a live rules review PRIOR to coaching.
- I. In order for a team to perform any stunting/aerial tumbling, they must be supervised by a coach who has taken the USA Cheer Safety and Risk Management Course. In the absence of someone who is

Course certified, the team must be ground bound. (CM 11.2017)

#### NOTE:

- New coaches have one (1) year from date of hire to complete (A; C and G). All other items above are required prior to coaching.
- \*B: Requires that someone certified be on the field/court until the coach completes the requirements.
- The above is recommended for volunteer coaches.
- Coaches hired after June 2004 who became eligible through the sport specific clinic/workshop will be required to take the NFHS Coaching Principles course or comparable program approved by the Coaches Education Committee.
- It is recommended coaches continue their professional development through additional education clinics and opportunities listed on the NHIAA website.
- List of approved courses can be found on NHIAA Website
- The NFHS offers additional certifications, including Accredited Interscholastic Coach and Certified Interscholastic Coach. Go to NFHSLearn.com for more information. (CM 5.2018)
- The NHIAA is authorized by the Coaches Education Committee to evaluate the professional credentials of trained medical personnel on an individual basis (CM 11.2018)
- The NHIAA is authorized by the Coaching Education Committee to grant a one (1) time waiver to approve alternative college/university courses upon review of the syllabus that meet the competencies of NHIAA required

courses on the approved list. (CM 11.2023)

- J. Enrollment of Coaches - All coaches who coach NHIAA contests at all levels must be enrolled with the NHIAA. There is a \$25.00 annual enrollment fee.

### Questions & Answers

- Q: What is the rationale for the by-law?
- A: This will increase education and awareness for the coaches and will provide a foundation for those who do not have a lot of training in the area. It will create a safer environment for the students and coaches. The quality of sport education will improve for the students.
- Q: What is the penalty if a coach is not eligible yet coaches in a game/match/event/meet, etc.
- A: All the games will be forfeited in the same mode as using an ineligible contestant. By-Law Article II, Eligibility; Sect. 20.
- Q: Will coaches at all levels be required to go through the training in order to be eligible?
- A: Yes at the sub-varsity and varsity levels.
- Q: What is the policy regarding volunteer coaches?
- A: A volunteer coach is anyone who is consistently under the direct supervision of the varsity or other sub-varsity coach and is never left alone with the student athletes. Volunteers are highly encouraged to go through the training.
- Q: What is the timeline for the training after a new coach is hired?
- A: One year from date of hire.
- Q: What will be the role of the NHIAA in this process?
- A: The NHIAA will supply updated resource guides, supply information on the website of available clinics, and will have a subcommittee to review curriculums of other courses to determine equivalency.