

2021-22 NHIAA
Swimming and Diving
Regular Season Schedule

Date		Pool	Warm-up/Start	Host	Schools Attending
3-Dec	Friday	Claremont Community Center	6 pm / 6:30 pm	Stevens	Lebanon, Mascoma; Kearsarge
5-Dec	Sunday	The Clark - Winchedon, MA	9 am / 10 am	Conant	Mascenic; Laconia, Winnisquam; Bishop Brady; Milford, Wilton, Belmont, Merrimack Valley, Pembroke
		Boys and Girls Club of Greater Nashua	7 am / 8 am	North	South; Dover
6-Dec	Monday	Allard Center	6 pm / 7 pm	Bedford	Oyster River, Coe-Brown, Newmarket
7-Dec	Tuesday	Carter Community Building Association	5:30 pm / 6 pm	Lebanon	Hanover; Stevens, Mascoma
10-Dec	Friday	Keene State College	5 pm / 6 pm	Keene	Monadnock, ConVal; Goffstown/John Stark
		YMCA Concord	6 pm / 6:30 pm	Concord	Bow/Hopkinton
		Londonderry Workout Club	4 pm / 5 pm	Londonderry	Alvirne; Merrimack; Spaulding
		Colby Sawyer College	6 pm / 6:30 pm	Kearsarge	Lebanon, Mascoma; Stevens; Conant; Masceni, Pelham
11-Dec	Saturday	Nashua Boys and Girls Club	11:00 am / 11:45 am	BG	HB; Alvirne(Divers Only), Windham(Divers Only), Salem (Divers Only)
16-Dec	Thursday	Salem Boys and Girls Club	4:30 pm / 5:30 pm	Salem	Timberlane; Spaulding
17-Dec	Friday	Carter Community Building Association	5:30pm / 6:00pm	Hanover	Merrimack; Derryfield; Mascenic, Salem (Divers Only)
		Londonderry Workout Club	4 pm / 5 pm	Londonderry	Portsmouth; BG
		Claremont Community Center	6 pm / 6:30 pm	Stevens	Lebanon/Mascoma; Kearsarge
		Keene State College	5 pm / 6 pm	Keene	Monadnock, ConVal, Milford, Souhegan, Wilton
19-Dec	Sunday	Boys and Girls Club of Greater Nashua	8 am / 9 am	South	North; Dover
		Londonderry Workout Club	12pm / 12:30 pm	Alvirne	Pinkerton; Souhegan
21-Dec	Tuesday	Allard Center	6 pm / 6:45 pm	Goffstown/John Stark	HB; Winnacunnet; Timberlane
		Phillips Exeter Academy	3:30 pm / 4 pm	Exeter	St Thomas, Sanborn, Oyster River (Divers Only), Salem (Divers Only)
22-Dec	Wednesday	Claremont Community Center	6 pm / 6:30 pm	Stevens	Lebanon/Mascoma; Kearsarge
29-Dec	Wednesday	YMCA Downtown	6pm / 6:45 pm	Manchester Central	Derryfield, Man West, Man Memorial, Trinity
30-Dec	Thursday	Nashua Boys and Girls Club	3 pm / 3:30 pm	Nashua North	Nashua South (Dive Only), Alvirne (Dive Only), Bishop Guertin (Dive Only)
7-Jan	Friday	Salem Boys and Girls Club	5 pm / 5:30 pm	Salem	Exeter, Sanborn
		Londonderry Workout Club	4 pm / 5 pm	Londonderry	Portsmouth; HB
		Colby Sawyer College	6 pm / 6:30 pm	Kearsarge	Lebanon, Mascoma; Stevens; Conant
8-Jan	Saturday	Nashua Boys and Girls Club	1:30 pm / 2:15 pm	BG	Concord; Alvirne(Divers Only), Windham(Divers Only)
		Salem Workout Club	7 am / 8 am	Windham	Pelham; Portsmouth; Mascenic
		Dover Indoor Pool	3:45pm / 4:35 pm	Dover	Oyster River, Coe-Brown, Newmarket
		Salem Boys and Girls Club	4:30 pm / 5:30 pm	Salem	Exeter, Sanborn
9-Jan	Sunday	Boys and Girls Club of Greater Nashua	7:30 am / 8:30 am	North	South; Pinkerton

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14-Jan	Friday	YMCA Concord	6 pm / 7 pm	Bow	Concord; BG; Goffstown/John Stark; Bishop Brady, Belmont, Merrimack Valley, Pembroke, Hopkinton
		Keene State College	5 pm / 6 pm	Keene	Alvirne; Milford/Wilton; Stevens; Monadnock, ConVal
		Londonderry Workout Club	4 pm / 5 pm	Londonderry	Winnacunnet; Derryfield; Laconia, Winnisquam; Gilford
		Colby Sawyer College	5pm / 5:30 pm	Kearsarge	Pelham
15-Jan	Saturday	Upper Valley Aquatic Center	4:30 pm / 5:30 pm	Hanover	Oyster River, Coe-Brown, Newmarket, Lebanon
		Manchester YMCA - Downtown	4 pm / 4:45 pm	Manchester Central	Man. Memorial, Man. West, Trinity
		Londonderry Workout Club	12 pm / 1 pm	Pinkerton	Salem, Windham
17-Jan	Monday	Allard Center	6 pm / 7 pm	Bedford	St Thomas; Exeter; Spaulding, Sanborn
	PPD from 1/7	Londonderry Workout Club	11:15 am / 12:15 pm	Londonderry	Hollis Brookline, Conant, Alvirne
19-Jan	Wednesday	Colby Sawyer College	7:15 pm / 7:45	Kearsarge	Stevens, Mascoma
21-Jan	Friday	Carter Community Building Association	5:30 pm / 6:00 pm	Hanover (DIVE ONLY)	Bishop Guertin (Divers Only), Windham (Divers Only) Salem (Divers Only), Alvirne (Divers Only)
		Salem Workout Club	4 pm / 5 pm	Windham	Salem; Laconia, Winnisquam, Pelham
		Londonderry Workout Club	4 pm / 5 pm	Londonderry	Bedford, Bow, Belmont
		Keene State College	5 pm / 6 pm	Keene	Monadnock, ConVal
22-Jan	Saturday	Dover Indoor Pool / STA Co-Host	3:45 pm / 4:30 pm	Dover/STA	Spaulding, Oyster River (Divers Only)
		Portsmouth Indoor Pool	12:30 pm / 1 pm	Portsmouth	Winnacunnet
23-Jan	Sunday	Boys and Girls Club of Greater Nashua	8 am / 9 am	North	South; Merrimack
		Salem Workout Club	7:30 am / 8:30 am	Pelham	Windham; Bow/Hopkinton; Gilford
		Allard Center	12:30 pm / 1:15 pm	Manchester Central	Man Memorial, Man. West, Trinity, Derryfield; Concord (??)
		Nashua Boys and Girls Club	5 pm / 6 pm	BG	Exeter, Alvirne(Divers Only), Windham(Divers Only)
		Londonderry Workout Club	12:30 pm / 1:30 pm	Alvirne	Timberlane, Souhegan
25-Jan	Tuesday	Allard Center	6 pm / 6:45 pm	Goffstown/John Stark	Oyster River, Coe-Brown, Newmarket, Hollis Brookline, Derryfield
		Hampshire Hills	6 pm / 7 pm	Souhegan	Milford, Wilton
28-Jan	Friday	Salem Boys and Girls Club	5:30 pm / 6:30 pm	Salem	Winnacunnet; Bishop Brady, Timberlane
		Colby Sawyer College	6 pm / 6:30 pm	Kearsarge	Lebanon/Mascoma; Stevens, Concord
		Londonderry Workout Club	4 pm / 5 pm	Londonderry	Pinkerton; St Thomas
30-Jan	Sunday	Boys and Girls Club of Greater Nashua	8:30 am / 9 am	Nashua Last Chance	
	CANCELLED	Plymouth State University	12:30 pm / 1:20 pm	Gilford	Windham, Laconia
		Boys and Girls Club of Greater Nashua	5 pm / 6 pm	Alvirne (Dive Only)	Bishop Guertin, Newmarket, Nashua North, Nashua South, Oyster River, Windham (ALL divers only)
1-Feb	Tuesday	Carter Community Building Association	5:30 pm / 6 pm	Lebanon	Mascoma, Kearsarge/ Plymouth; Stevens; Hanover
2-Feb	Wednesday	Allard Center	6 pm / 7 pm	Bedford	Goffstown

**Locations and piggy back school information on page 3

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LOCATIONS	To Be Confirmed
Bedford	YMCA/Goffstown - Allard Center, 116 Goffstown Back Rd, Goffstown, NH 03045
Bishop Guertin	Costello Athletic Center at UMass Lowell, 275 Riverside St, Lowell, MA 01854
Bishop Guertin	Nashua Boys and Girls Club, 1 Positive Place, Nashua, NH 03060
Bow	YMCA/ Concord, 15 N State St, Concord, NH 03301
Conant	YMCA/Wendall P Clark Memorial, 155 Central St, Winchendon, MA 01475
Derryfield	SNHU, 2500 N River Rd, Hooksett, NH 03106
Dover	Dover Indoor Pool, 9 Henry Law Ave, Dover NH 03820
Exeter	Nekton Pool at Philips Exeter Academy, 8 Chadwick Lane, Exeter, NH 03833
Gilford	Gunstock Inn, 580 Cherry Valley Rd, Gilford, NH 03249
Goffstown	YMCA/Goffstown - Allard Center, 116 Goffstown Back Rd, Goffstown, NH 03045
Hanover	Upper Valley Aquatics Center, 100 Arboretum Ln, White River Junction, VT 05001
Kearsarge	Colby-Sawyer College, 541 Main St, New London, NH 03257
Keene	Keene State College, 100 Wyman Way, Keene, NH 03431
Lebanon	CCBA/Carter Community Building Association, 1 Taylor St, Lebanon, NH 03766
Londonderry	The Workout Club in Londonderry, 12 Orchard View Dr #2, Londonderry, NH 03053
Manchester Schools	SNHU, 2500 N River Rd, Hooksett, NH 03106
Milford	Hampshire Hills, 50 Emerson Rd, Milford, NH 03055
Nashua North/South	Nashua Boys and Girls Club, 1 Positive Place, Nashua, NH 03060
Oyster River	UNH-Swasey Pool, 145 Main St, Durham, NH 03824
Pelham	Workout Club and Wellness Center, 16 Pelham Rd, Salem, NH 03079
Pinkerton	SNHU, 2500 N River Rd, Hooksett, NH 03106
Portsmouth	Portsmouth Indoor Pool, 48 Andrew Jarvis Dr, Portsmouth, NH 03801
Salem	Boys and Girls Club, 3 Geremonty Dr, Salem, NH 03079
Stevens	Claremont Community Center, 152 South St, Claremont, NH 03743
Windham	Workout Club and Wellness Center, 16 Pelham Rd, Salem, NH 03079

Teams That Piggyback

Merrimack Valley and Pembroke with Belmont
 Coe-Brown and Newmarket with Oyster River
 Hopkinton with Bow
 John Stark with Goffstown
 Mascenic with Conant
 Mascoma with Lebanon
 Memorial, Trinity, and West with Central
 Monadnock and ConVal with Keene
 Sanborn with Exeter
 Wilton with Milford
 Winnisquam with Laconia

To Be Confirmed