Football Rules Changes - 2024

By NFHS on July 15, 2024

football

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Clarified Home Team Uniform Requirement For Each Player [1-5-1b(3)] — The jerseys of the home team shall all be the same dark color(s) that clearly contrasts with white.

2024 EDITORIAL CHANGES

Football Helmet Warning Statement; 1-3-1b; 1-3-1g; 1-3-1i(5); 1-5-1a(1); 1-5-1b(2), (3); 1-5-1c(5); 1-5-1d(5)a; 1-5-2b; 1-5-3b(6); 1-5-3c(6); 1-7(7); 1-8; 2-8; 2-32-16; 5-2-4; 7-2 PENALTY; TABLE 7-5; 9-2 PENALTY; 9-5-1g; 9-8-1j; 9-8 PENALTY; 10-3-1c NOTE; 10-4; 10-5; TABLE 10-4; PENALTY SUMMARY; NFHS OFFICIAL FOOTBALL SIGNALS.

2024 POINTS OF EMPHASIS

- 1. Sportsmanship and Altercation Prevention and Protocol
- 2. Player Equipment and Enforcement
- 3. Formations