

**OUTDOOR TRACK – GIRLS
STATE RECORDS**

Shot Put	51' 3 ½"	Laura Gerraughty	Nashua	2000
*Javelin	*150' 2"	*Michelle Duhaime	*Man. Central	*1981
Javelin	149' 9"	Danika Ham	Somersworth	2007
Discus	158' 09"	Kelsey Huckins	Keene	2007
Long Jump	19' 4 ½"	Bree Robinson	Pinkerton	2008
Triple Jump	40' 2"	Ellen Powers	Bishop Guertin	2007
High Jump	5' 10"	Alison Poulin	Oyster River	1988
*100m H (30")	*14.38	*Sheri Gagnon	*Nashua	*1981
100m H (33")	14.23	Betsy Garnick	Bishop Guertin	2013
300m H (30")	43.63	Katie Gayman	Man. Central	1997
100m	12.01	Dominique Twombly	Oyster River	2014
200m	24.44	Kathy Lawson	Keene	1971
400m	55.42	Grace Devanny	Concord	2019
800m	2:06.42	Hannah Parker	Coe-Brown	2013
1600m	4:47.48	Arianna Vailas	Man. Central	2010
3200m	10:24.27	Jacqueline Gaughan	Exeter	2016
4x100m Relay	48.40	Myasiah Ortiz, Mia Cruz, Iyana Braswell, Soraya Ross	Nashua South	2023
4x400m Relay	3:53.87	Sarah Burke, Rachel Pelletier, Betsy Garnick, Molly McCabe	Bishop Guertin	2013
4x800m Relay	9:15.02	Shannon Veilleux, Sarah Burke, Molly McCabe, Cecilia Barowski	Bishop Guertin	2011
Pole Vault	12' 9"	Jacilyn Briggs	Keene	2012

* Retired Record

**OUTDOOR TRACK – GIRLS
TEAM CHAMPIONS**

Class L

	Champion	Runner-Up		Champion	Runner-Up
1963	Exeter (33)	Concord (32)	1964	Exeter (35)	Concord (15)
1965	Exeter (3 1)	Concord (19)	1966	Exeter (37)	Concord (17)
1967	Exeter (45)	Nashua (39)	1968	Exeter (48)	Hanover (33)
1969	Exeter (55)	Hanover (33)	1970	Keene (43)	Hanover (27)
1971	Keene (47)	Concord (28)	1972	Exeter (48)	Keene (34)
1973	Exeter (38.5)	Keene (30)	1974	Concord (41)	Hanover (27)
1975	Concord (45)	Somersworth (23)	1976	Nashua (50)	Concord (44)

Class L

1977	Portsmouth (89)	Dover (73)
1978	Concord (83.5)	Portsmouth (78)
1979	Concord (88.5)	Nashua (75)
1980	Concord (100.5)	Portsmouth (92)
1981	Nashua (97)	Portsmouth (80)
1982	Nashua	Man. Central
1983	Man. Central (95)	Portsmouth (81)
1984	Man. Central (114)	Portsmouth (66)
1985	Man. Central	Nashua
1986	Alvirne	Concord
1987	Nashua	Concord
1988	Concord (103.25)	Nashua (85.25)
1989	Nashua (97)	Man. Central (92)
1990	Nashua (95)	Central (60.33)
1991	Man. Central (86)	Man. Memorial (64)
1992	Man. Central (111)	Nashua (78)
1993	Nashua (116)	Man. Central (114)
1994	Man. Central (144.5)	Nashua (96)
1995	Nashua (132)	Londonderry (92)
1996	Man. Central (137)	Nashua (76.34)
1997	Man. Central (132.5)	Nashua (99)

Class I

1977	Somersworth (90)	Exeter (78)
1978	Exeter (99)	Hanover (62)
1979	Exeter (69.33)	Hanover (63)
1980	Oyster River (128)	Kearsarge (60)
1981	Oyster River	Monadnock
1982	Timberlane (77)	Oyster River (73)
1983	Kennett (80)	Hanover (56)
1984	Kennett (89)	Fall Mt. (68)
1985	Oyster River	Hanover
1986	Hanover	Goffstown
1987	Hanover	Oyster River
1988	Hanover	Oyster River
1989	Hanover (118.5)	Kennett (67)
1990	Hanover (96)	Oyster River (93)
1991	Hanover (94)	Timberlane (82.5)
1992	Hanover (96)	Goffstown (67)
1993	Hanover (103)	Timberlane (81)
1994	Timberlane (80)	Hanover (74)
1995	Hanover (105)	Timberlane (92.5)
1996	Hanover (107)	Timberlane (106)
1997	Hanover (113.50)	Timberlane (101)

**OUTDOOR TRACK – GIRLS
TEAM CHAMPIONS**

Class L			Class I		
	Champion	Runner-Up		Champion	Runner-Up
1998	Londonderry (115.50)	Man. Central (105)	1998	Monadnock/Timberlane (74)	Co-Champions
1999	Man. Central (125)	Londonderry (94)	1999	Lebanon (89)	Coe-Brown (73)
2000	Man. Central (86)	Nashua (69)	2000	Coe Brown (82)	Lebanon (62)
2001	Keene (86)	Londonderry (69)	2001	Hanover (102.25)	Merr. Valley (81)
2002	Keene (94)	Bishop Guertin (63)	2002	Hanover (105)	Fall Mountain (77)
2003	Bishop Guertin (94)	Keene (57)	2003	Hanover (106)	Hollis-Brookline (81)
2004	Bishop Guertin (93)	Concord (60)	2004	Hollis (99)	Coe-Brown (86)
2005	Bishop Guertin (97.60)	Concord (56.5)	2005	Hanover (87)	Coe-Brown (80)
2006	Bishop Guertin (146)	Exeter (52)	2006	Hanover (105)	Lebanon (66)
2007	Bishop Guertin (100.9)	Pinkerton (77.2)	2007	Hanover & Lebanon (63)	Co-Champions
2008	Bishop Guertin (82)	Exeter (72)	2008	Lebanon (91)	Hanover (80)
2009	Man. Central (100)	Exeter (56)	2009	Lebanon (85)	Merr. Valley/ Coe-Brown (66)
2010	Man. Central (82)	Bishop Guertin (76)	2010	Lebanon (138)	Milford (67)
Division I			Division II		
2011	Bishop Guertin (94)	Exeter (73)	2011	Lebanon (114)	Bedford (59)
2012	Exeter (95)	Bishop Guertin (89)	2012	Coe-Brown (118)	Bedford (93)
2013	Bedford (97.5)	Londonderry (74)	2013	Coe-Brown (147.5)	Milford (74)
2014	Bedford (86)	Londonderry (80.50)	2014	Coe-Brown (137.50)	Milford (79.33)
2015	Bedford (116.50)	Londonderry (75)	2015	Coe-Brown (157)	Pelham (66)
2016	Bedford (96)	Nashua South (67)	2016	Milford (97)	Lebanon (79.5)
2017	Bedford (107)	Pinkerton (91)	2017	Portsmouth (76)	Milford (66)
2018	Exeter (109)	Nashua South (103)	2018	Portsmouth (70.5)	Milford (68)
2019	Exeter (90)	Nashua South (58)	2019	Portsmouth (91.5)	Oyster River (87)
2020*	No Tournament	No Tournament	2020*	No Tournament	No Tournament
* COVID - 19			* COVID - 19		
2021	Nashua North (83)	Nashua South (72)	2021	Coe-Brown (123)	Milford (78)
2022	Exeter (75)	Concord (74.5)	2022	Coe-Brown (109.5)	Plymouth & Oyster River (52)
2023	Bedford (90)	Nashua North (76)	2023	Coe-Brown (108.33)	Oyster River (91)
2024	Bedford (106)	Portsmouth (67)	2024	Oyster River (137)	Coe-Brown (61.5)
Class M-S					
1977	Oyster River (115)	Plymouth (83.5)	1978	Oyster River (168)	Plymouth (77)
1979	Oyster River (132)	Hollis (81)	1980	Plymouth (112)	Hollis (105)
1981	Plymouth	Raymond	1982	Plymouth	Nute
1983	Plymouth (131)	Raymond (48)	1984	Hollis (96)	Belmont (92)
1985	Hollis	Belmont	1986	Belmont	Hollis
1987	Hollis	Franklin	1988	Hollis	Belmont
1989	Hollis (91)	White Mtns. (88.5)	1990	Hollis (132)	Inter-Lakes (54)
1991	Hollis (74)	Winnisquam (49.5)	1992	Winnisquam (70)	Gilford (69)
1993	Gilford (114)	Hollis (79)	1994	Gilford (104.5)	White Mtns. (61.5)
1995	Gilford (88)	White Mtns. (82)	1996	Gilford (74)	Coe-Brown (66.5)
1997	Coe-Brown (83.50)	Hollis (48)	1998	Coe-Brown (124)	Winnisquam (62)
1999	Winnisquam (100)	Hollis (79)	2000	Bow (92)	Winnisquam (83)
2001	Winnisquam (116)	Hollis/Brookline (96.5)	2002	Hollis (144.5)	Bow (85)
2003	Bow (85.50)	Belmont (84)	2004	Bow (128.66)	Inter-Lakes (95)
2005	Inter-Lakes (103)	Newfound (93)	2006	Inter-Lakes (112)	Newfound (76)
2007	Hopkinton (124)	Winnisquam (73)	2008	Hopkinton (132)	Inter-Lakes (69)
2009	Hopkinton (148.5)	Fall Mt. (108)	2010	Hopkinton (150)	Somersworth (60)
Division III					
2011	Hopkinton (96)	Bow (78)	2012	White Mountains (93)	Monadnock (85)
2013	Monadnock (84)	White Mountains (73)	2014	Monadnock (99)	Hopkinton (63)
2015	Monadnock (157)	Fall Mountain (64.5)	2016	Monadnock (136)	White Mountains (73)
2017	Monadnock (85)	White Mountains (70)	2018	White Mountains (59)	Gilford (50)
2019	Kearsarge (80)	Inter-Lakes (49)			
2020*	No Tournament	No Tournament			* COVID - 19
2021	Hopkinton (68)	Newfound (49)	2022	Newfound (112)	Newmarket (80)
2023	Newfound (86)	Kearsarge (75)	2024	Hopkinton (55)	Pelham (44)