

New Hampshire Interscholastic Athletic Assoc.
Division I Indoor Track & Field Championship - 2/8/2025
ALLWell North Field House - Plymouth State
Results

Girls 55 Meter Dash

8 Advance: Top 1 Each Heat plus Next 6 Best Times

State:	S	7.14	1989	Angie Johnson, Nashua
Division I:	D	7.21	2024	Alexis Best, Merrimack
Name			Year School	Prelims H#

Preliminaries

1	Saysaw, Grace	11	Concord	7.31Q	2
2	Brayall, Nora	11	Pinkerton	7.43Q	1
3	Ortiz-Blanco, Leanny	11	Salem	7.41q	2
4	Brown, Tiana	12	Nashua North	7.42q	2
5	Thomas, Jhanelle	12	Nashua North	7.44q	1
6	O'Keefe, Ella	11	Bedford	7.50q	1
7	Thomas, Natalee	9	Nashua South	7.56q	2
8	Milks, Carolyn	11	Portsmouth	7.62q	1
9	Milks, Laura	11	Portsmouth	7.66	2
10	Rodriguez, Hannah	12	Manchester Memorial	7.70	1
11	McBride, Martelle	11	Exeter	7.71	2
12	George, Ava	10	Pinkerton	7.72	2 7.711
13	Hope, Maddie	12	Bishop Guertin	7.72	1 7.717
14	Perry, Diamond	11	Nashua South	7.73	1
15	Lynch, Kathleen	9	Dover	7.80	1
16	Ayi, Camrin	10	Nashua South	7.89	2

Girls 55 Meter Dash

State:	S	7.14	1989	Angie Johnson, Nashua
Division I:	D	7.21	2024	Alexis Best, Merrimack
Name			Year School	Finals Points

Finals

1	Ortiz-Blanco, Leanny	11	Salem	7.29	10
2	Saysaw, Grace	11	Concord	7.32	8
3	Brown, Tiana	12	Nashua North	7.36	6
4	Brayall, Nora	11	Pinkerton	7.40	4
5	O'Keefe, Ella	11	Bedford	7.48	2
6	Thomas, Jhanelle	12	Nashua North	7.51	1
7	Thomas, Natalee	9	Nashua South	7.58	
8	Milks, Carolyn	11	Portsmouth	7.72	

Girls 300 Meter Dash

State:	S	39.59	2024	Harriet Barber, Manchester C
Division I:	D	39.59	2024	Harriet Barber, Manchester C
Name			Year School	Finals H# Points

1	Scott, Anika	12	Bedford	41.64	3	10
2	Cenesca, Angela	11	Manchester Central	41.75	3	8
3	Brown, Tiana	12	Nashua North	42.58	2	6
4	McBride, Martelle	11	Exeter	43.08	2	4
5	Ayi, Camrin	10	Nashua South	43.33	1	2
6	Thomas, Natalee	9	Nashua South	44.10	2	1
7	Frye, Allison	11	Nashua North	44.39	3	
8	Clifford, Maitri	12	Winnacunnet	44.43	1	
9	Lynch, Kathleen	9	Dover	44.50	2	

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Results

....Girls 300 Meter Dash

10 Silva, Bailey	10 Pinkerton	44.98	1
11 Thomas, Jhanelle	12 Nashua North	45.48	3

Girls 600 Meter Run

State: S 1:32.00 2014		Molly McCabe, Bishop Guertin	
Division I: D 1:33.49 2014		Molly McCabe, Bishop Guertin	
Name	Year School	Finals	H# Points
1 Rzasa, Sarah	11 Pinkerton	1:39.31	2 10
30.638 (30.638)	1:04.680 (34.042)	1:39.310 (34.630)	1:39.310 (0.000)
2 Beaudoin, Charlotte	11 Timberlane	1:39.62	1 8
31.150 (31.150)	1:04.749 (33.599)	1:39.619 (34.871)	
3 Caron, Danica	11 Exeter	1:40.47	2 6
31.127 (31.127)	1:05.053 (33.926)	1:40.464 (35.412)	1:40.464 (0.000)
4 Neveu, Rosalie	10 Nashua North	1:40.62	2 4
30.783 (30.783)	1:04.326 (33.544)	1:40.614 (36.288)	1:40.614 (0.000)
5 Vinciguerra, Ginger	11 Portsmouth	1:40.64	1 2
30.914 (30.914)	1:05.172 (34.258)	1:40.631 (35.460)	
6 Poteet, Madeline	11 Exeter	1:41.02	2 1
31.328 (31.328)	1:05.338 (34.010)	1:41.011 (35.673)	1:41.011 (0.000)
7 Bremer, Isabelle	10 Exeter	1:41.44	2
32.206 (32.206)	1:05.540 (33.334)	1:41.435 (35.896)	1:41.435 (0.000)
8 Ray, Anna	11 Bedford	1:43.38	1
31.397 (31.397)	1:05.265 (33.868)	1:43.374 (38.110)	
9 Blake, Nicole	11 Pinkerton	1:44.06	2
32.049 (32.049)	1:06.545 (34.496)	1:44.059 (37.515)	1:44.059 (0.000)
10 Orleans, Amber	12 Exeter	1:47.17	1
32.835 (32.835)	1:08.967 (36.133)	1:47.165 (38.198)	
11 Riccio, Abby	9 Exeter	1:47.83	1
33.830 (33.830)	1:09.847 (36.018)	1:47.821 (37.975)	
12 Carter, Ella	11 Portsmouth	2:04.85	1
34.710 (34.710)	1:15.883 (41.173)	2:04.841 (48.959)	

Girls 1000 Meter Run

State: S 2:48.25 2017		Leya Salis, Bedford	
Division I: D 2:52.42 2017		Leya Salis, Bedford	
Name	Year School	Finals	Points
1 Barry, Mikita	11 Bedford	3:01.99	10
36.670 (36.670)	1:16.076 (39.407)	1:55.425 (39.350)	2:30.358 (34.933)
3:01.986 (31.629)			
2 Cross, Eli	10 Exeter	3:07.06	8
36.959 (36.959)	1:16.322 (39.363)	1:55.630 (39.309)	2:32.264 (36.634)
3:07.053 (34.789)			
3 Tschida, Kara	12 Goffstown	3:08.50	6
37.106 (37.106)	1:16.206 (39.100)	1:55.760 (39.555)	2:32.590 (36.830)
3:08.497 (35.908)			
4 Madden, Darby	12 Windham	3:09.03	4
37.238 (37.238)	1:16.584 (39.346)	1:56.337 (39.754)	2:33.849 (37.513)
3:09.027 (35.178)			

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....Girls 1000 Meter Run

5	Paterna, Brianna	10	Exeter	3:10.20	2
	37.244 (37.244)	1:16.512 (39.268)	1:56.101 (39.589)	2:33.755 (37.655)	
	3:10.192 (36.437)				
6	Paterna, Alexis	10	Exeter	3:10.43	1
	37.216 (37.216)	1:16.719 (39.504)	1:56.575 (39.856)	2:34.777 (38.203)	
	3:10.430 (35.654)				
7	Knowlton, Parker	11	Pinkerton	3:10.66	
	37.464 (37.464)	1:16.982 (39.519)	1:56.905 (39.923)	2:35.256 (38.352)	
	3:10.656 (35.400)				
8	Martin, Ava	12	Alvirne	3:12.71	
	37.642 (37.642)	1:16.863 (39.221)	1:56.505 (39.642)	2:34.566 (38.062)	
	3:12.707 (38.141)				
9	Wilhelm, Claire	9	Exeter	3:23.24	
	37.354 (37.354)	1:16.809 (39.456)	1:56.877 (40.068)	2:39.651 (42.775)	
	3:23.233 (43.582)				
10	Marengo, Ariana	11	Nashua South	3:23.52	
	37.916 (37.916)	1:17.760 (39.845)	1:59.207 (41.447)	2:42.677 (43.471)	
	3:23.516 (40.839)				
11	Madden, Izzy	11	Exeter	3:29.27	
	37.619 (37.619)	1:17.466 (39.847)	2:00.137 (42.671)	2:47.711 (47.574)	
	3:29.267 (41.557)				

Girls 1500 Meter Run

=====					
	State: S	4:36.79	2014	Shannon Murdock, Exeter	
	Division I: D	4:36.79	2014	Shannon Murdock, Exeter	
Name	Year	School	Finals	Points	
=====					
1	Barry, Mikita	11	Bedford	4:51.11	10
	18.108 (18.108)	57.114 (39.007)	1:37.771 (40.657)	2:19.503 (41.733)	
	3:00.313 (40.810)	3:40.184 (39.872)	4:17.294 (37.110)	4:51.101 (33.808)	
2	Folsom, Susannah	10	Pinkerton	4:58.38	8
	19.490 (19.490)	58.789 (39.299)	1:38.632 (39.844)	2:20.062 (41.430)	
	3:01.059 (40.998)	3:40.737 (39.678)	4:19.959 (39.223)	4:58.376 (38.417)	
3	White, Laura	12	Nashua North	5:00.83	6
	18.488 (18.488)	57.550 (39.062)	1:38.301 (40.752)	2:20.015 (41.714)	
	3:01.542 (41.528)	3:42.237 (40.696)	4:22.035 (39.798)	5:00.830 (38.796)	
4	Smith, Shelly	12	Concord	5:02.66	4
	19.568 (19.568)	59.289 (39.721)	1:40.409 (41.120)	2:22.677 (42.268)	
	3:03.897 (41.220)	3:45.120 (41.224)	4:26.010 (40.891)	5:02.655 (36.645)	
5	Bedard, Gabrielle	11	Pinkerton	5:03.17	2
	19.327 (19.327)	58.655 (39.328)	1:39.321 (40.667)	2:21.392 (42.071)	
	3:03.231 (41.840)	3:44.672 (41.441)	4:25.752 (41.081)	5:03.162 (37.410)	
6	Knowlton, Parker	11	Pinkerton	5:09.31	1
	19.637 (19.637)	59.422 (39.786)	1:40.647 (41.225)	2:23.332 (42.686)	
	3:06.899 (43.567)	3:50.683 (43.784)	4:33.373 (42.691)	5:09.309 (35.936)	
7	Paterna, Alexis	10	Exeter	5:11.45	
	19.089 (19.089)	58.932 (39.844)	1:40.082 (41.150)	2:22.869 (42.788)	
	3:06.487 (43.618)	3:50.466 (43.979)	4:33.506 (43.041)	5:11.448 (37.942)	
8	Paterna, Brianna	10	Exeter	5:11.83	
	20.063 (20.063)	59.931 (39.868)	1:41.238 (41.308)	2:23.634 (42.396)	
	3:07.059 (43.426)	3:50.952 (43.893)	4:33.199 (42.247)	5:11.827 (38.629)	

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....Girls 1500 Meter Run

9 Bedard, Melanie	12 Merrimack	5:13.91		
19.955 (19.955)	1:00.217 (40.263)	1:41.861 (41.644)	2:24.636 (42.776)	
3:08.592 (43.956)	3:52.636 (44.045)	4:34.435 (41.799)	5:13.906 (39.472)	
10 Simpson, Anna	12 Alvirne	5:17.66		
19.852 (19.852)	59.662 (39.810)	1:41.090 (41.429)	2:24.595 (43.505)	
3:08.234 (43.639)	3:51.999 (43.766)	5:17.659 (1:25.661)	5:17.659 (0.000)	
11 White, Sayde	12 Londonderry	5:19.58		
20.169 (20.169)	59.895 (39.726)	1:41.473 (41.578)	2:24.429 (42.956)	
3:08.171 (43.742)	3:51.373 (43.203)	4:36.095 (44.723)	5:19.573 (43.478)	

Girls 3000 Meter Run

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State: S	9:35.70	2018	Jacqueline Gaughan,	Exeter
Division I: D	9:35.70	2018	Jacqueline Gaughan,	Exeter
Name	Year	School	Finals	Points
=====				
1 Paterna, Alexis	10	Exeter	10:19.39	10
38.727 (38.727)	1:19.424 (40.697)	2:01.450 (42.026)	2:43.004 (41.555)	
3:24.678 (41.674)	4:06.579 (41.902)	4:48.977 (42.398)	5:31.120 (42.144)	
6:13.571 (42.451)	6:56.271 (42.700)	7:38.786 (42.515)	8:21.299 (42.514)	
9:04.625 (43.326)	9:45.020 (40.395)	10:19.388 (34.368)		
2 Smith, Shelly	12	Concord	10:23.78	8
38.489 (38.489)	1:19.200 (40.712)	2:01.134 (41.934)	2:42.705 (41.572)	
3:24.355 (41.650)	4:06.251 (41.897)	4:48.637 (42.387)	5:30.783 (42.146)	
6:13.308 (42.525)	6:55.969 (42.662)	7:38.589 (42.620)	8:21.206 (42.618)	
9:04.457 (43.251)	9:45.805 (41.349)	10:23.776 (37.971)		
3 Bedard, Gabrielle	11	Pinkerton	10:31.50	6
39.077 (39.077)	1:19.906 (40.830)	2:01.942 (42.036)	2:43.910 (41.968)	
3:25.478 (41.568)	4:07.715 (42.238)	4:50.873 (43.158)	5:34.635 (43.762)	
6:18.713 (44.078)	7:02.411 (43.699)	7:45.627 (43.216)	8:29.271 (43.644)	
9:13.073 (43.803)	9:54.047 (40.975)	10:31.492 (37.445)		
4 Folsom, Susannah	10	Pinkerton	10:33.68	4
39.300 (39.300)	1:20.265 (40.965)	2:02.368 (42.104)	2:44.397 (42.029)	
3:25.952 (41.556)	4:08.235 (42.283)	4:51.195 (42.961)	5:34.918 (43.723)	
6:19.015 (44.098)	7:02.730 (43.715)	7:46.046 (43.316)	8:29.561 (43.515)	
9:13.425 (43.865)	9:55.114 (41.689)	10:33.671 (38.557)		
5 White, Laura	12	Nashua North	11:00.40	2
39.561 (39.561)	1:20.908 (41.347)	2:02.981 (42.073)	2:44.918 (41.938)	
3:26.783 (41.866)	4:09.558 (42.776)	4:53.330 (43.772)	5:37.786 (44.456)	
6:20.611 (42.826)	7:06.800 (46.189)	7:52.632 (45.833)	8:39.673 (47.041)	
9:26.476 (46.803)	10:13.787 (47.312)	11:00.395 (46.609)		
6 Bedard, Melanie	12	Merrimack	11:04.96	1
41.003 (41.003)	1:22.740 (41.738)	2:05.284 (42.545)	2:47.600 (42.317)	
3:31.594 (43.994)	4:17.020 (45.426)	5:03.095 (46.076)	5:49.197 (46.102)	
6:35.046 (45.850)	7:21.457 (46.412)	8:08.021 (46.565)	8:54.689 (46.668)	
9:41.389 (46.700)	10:24.311 (42.923)	11:04.957 (40.646)		
7 Forsyth, Shannon	9	Bishop Guertin	11:06.26	
40.779 (40.779)	1:22.327 (41.549)	2:04.462 (42.135)	2:48.395 (43.934)	
3:33.648 (45.254)	4:19.950 (46.302)	5:06.320 (46.371)	5:51.373 (45.054)	
6:37.195 (45.823)	7:23.234 (46.039)	8:09.051 (45.818)	8:56.020 (46.970)	
9:41.742 (45.723)	10:27.146 (45.404)	11:06.255 (39.109)		

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....Girls 3000 Meter Run

8 Masson, Lyla	11 Bishop Guertin	11:06.37		
40.451 (40.451)	1:22.044 (41.593)	2:04.099 (42.056)	2:48.078 (43.979)	
3:33.313 (45.235)	4:19.626 (46.314)	5:06.020 (46.394)	5:51.060 (45.040)	
6:36.851 (45.792)	7:22.946 (46.095)	8:08.750 (45.804)	8:55.698 (46.949)	
9:41.563 (45.866)	10:26.289 (44.726)	11:06.368 (40.079)		
9 Fondakowski, Anna	12 Bishop Guertin	11:07.35		
39.906 (39.906)	1:21.518 (41.612)	2:03.569 (42.052)	2:47.853 (44.284)	
3:32.944 (45.091)	4:19.382 (46.439)	5:05.684 (46.303)	5:50.669 (44.986)	
6:36.314 (45.645)	7:22.172 (45.858)	8:08.313 (46.141)	8:54.441 (46.129)	
9:41.409 (46.968)	10:26.839 (45.430)	11:07.347 (40.509)		
10 LeBlanc, Althea	12 Pinkerton	11:30.18		
41.353 (41.353)	1:23.071 (41.718)	2:06.009 (42.939)	2:50.481 (44.472)	
3:36.162 (45.682)	4:22.805 (46.644)	5:09.360 (46.555)	5:56.640 (47.281)	
6:44.310 (47.671)	7:32.453 (48.144)	8:20.539 (48.086)	9:09.603 (49.065)	
9:58.450 (48.847)	10:46.589 (48.140)	11:30.172 (43.583)		
11 Cartagena, Olivia	9 Alvirne	11:41.66		
41.018 (41.018)	1:23.039 (42.021)	2:05.653 (42.615)	2:51.177 (45.524)	
3:36.232 (45.056)	4:23.445 (47.213)	5:11.088 (47.644)	5:59.539 (48.451)	
6:47.848 (48.310)	7:37.050 (49.202)	8:25.761 (48.712)	9:15.340 (49.579)	
10:06.239 (50.899)	10:54.563 (48.325)	11:41.656 (47.093)		
12 Carter, Chloe	10 Portsmouth	11:55.55		
41.192 (41.192)	1:24.710 (43.519)	2:11.430 (46.720)	2:58.602 (47.172)	
3:47.165 (48.563)	4:35.403 (48.239)	5:24.409 (49.007)	6:14.293 (49.884)	
7:03.441 (49.149)	7:53.032 (49.592)	8:43.482 (50.450)	9:34.172 (50.691)	
10:24.790 (50.619)	11:13.213 (48.423)	11:55.550 (42.338)		

Girls 55 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times

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State: S 8.01 2013 Betsy Garnick, Bishop Guertin
Division I: D 8.07 2024 Anika Scott, Bedford
Name Year School Prelims H#
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Preliminaries

1 Scott, Anika	12 Bedford	D 8.06Q	1
2 Brown, Tiana	12 Nashua North	8.59Q	2
3 Flynn, Molly	10 Portsmouth	9.08q	1
4 Wheale, Mollie	11 Pinkerton	9.22q	1
5 MacVicar, Sydney	11 Exeter	9.27q	2
6 Kirk, Zoe	12 Dover	9.35q	2 9.341
7 Grote, Lola	10 Winnacunnet	9.35q	1 9.349
8 Bolobanic, Jordyn	12 Dover	9.42q	1
9 Robinson, Rylee	9 Pinkerton	9.50	2
10 Castor, Maddox	10 Keene	9.64	2
11 Collier, Abrielle	11 Merrimack	9.81	1
12 Schreiner, Isabella	10 Windham	9.89	1
13 LaBatt, Ava	10 Keene	9.93	1
14 Massaquoi, Bakela	11 Concord	10.03	2
15 Bates, Danielle	10 Timberlane	10.05	2
16 Becker, Ava	11 Manchester Central	10.28	2

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Girls 55 Meter Hurdles

=====
 State: S 8.01 2013 Betsy Garnick, Bishop Guertin
 Division I: D 8.07 2024 Anika Scott, Bedford

Name	Year	School	Finals	Points
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Finals

1	Scott, Anika	12	Bedford	7.84S	10
2	Brown, Tiana	12	Nashua North	8.59	8
3	Flynn, Molly	10	Portsmouth	9.01	6
4	MacVicar, Sydney	11	Exeter	9.15	4
5	Grote, Lola	10	Winnacunnet	9.22	2
6	Wheale, Mollie	11	Pinkerton	9.23	1
7	Kirk, Zoe	12	Dover	9.35	
8	Bolobanic, Jordyn	12	Dover	9.56	

Girls 4x200 Meter Relay

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 State: S 1:45.57 2016 Milford
 A Arena, N McMorro, O Rougeau, V Williams
 Division I: D 1:47.09 2010 Manchester Central
 M Brown, M Donovan, L Johnson, C Dion

School	Finals	H#	Points
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1	Concord			1:47.90	3	10
	1) Toenah, Chelsea 11		2) Goulas, Ella 12			
	3) Conteh, Ballay 12		4) Saysaw, Grace 11			
	28.131 (28.131)	55.575 (27.445)	1:22.360 (26.786)			1:47.892 (25.533)
2	Bedford			1:49.03	3	8
	1) Ray, Anna 11		2) Scott, Anika 12			
	3) Thomas, Sadie 10		4) O'Keefe, Ella 11			
	27.018 (27.018)	53.742 (26.724)	1:22.447 (28.705)			1:49.025 (26.578)
3	Nashua North			1:49.32	3	6
	1) Frye, Sarah 11		2) Frye, Allison 11			
	3) Brown, Tiana 12		4) Thomas, Jhanelle 12			
	28.791 (28.791)	56.912 (28.121)	1:23.012 (26.100)			1:49.316 (26.304)
4	Bishop Guertin			1:52.58	2	4
	1) Hope, Maddie 12		2) McCarthy, Maddy 9			
	3) Sinclair, Anna 11		4) Gillette, Gabby 10			
	26.610 (26.610)	57.122 (30.513)	1:25.494 (28.372)			1:52.576 (27.083)
5	Winnacunnet			1:52.73	2	2
	1) Goodwin, Natalia 10		2) Clifford, Maitri 12			
	3) Clifford, Moxie 11		4) Reynoso-Santana, Hayren 11			
	27.746 (27.746)	55.473 (27.728)	1:23.870 (28.398)			1:52.728 (28.858)
6	Nashua South			1:53.29	2	1
	1) Chavarin, Alejandra 12		2) Witta, Sarah 11			
	3) Eppolito, Nevaeh 12		4) Thomas, Natalee 9			
	28.705 (28.705)	57.907 (29.203)	1:26.938 (29.031)			1:53.289 (26.351)
7	Portsmouth			1:53.52	1	
	1) Blenkinsop, Elliott 9		2) Carter, Ella 11			
	3) Milks, Laura 11		4) Milks, Carolyn 11			
	27.904 (27.904)	57.858 (29.955)	1:25.920 (28.062)			1:53.512 (27.593)
8	Pinkerton			1:53.76	3	
	1) George, Ava 10		2) McNulty, Camryn 10			
	3) Sippel, Isabella 11		4) Brayall, Nora 11			
	28.011 (28.011)	58.347 (30.336)	1:26.241 (27.894)			1:53.754 (27.514)

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....Girls 4x200 Meter Relay

9 Salem				1:54.70	1	
1) Campbell, Jenna 10		2) Aliberti, Avery 11				
3) Fugge, Annabella 9		4) Ortiz-Blanco, Leanny 11				
29.154 (29.154)	58.655 (29.502)	1:27.336 (28.681)		1:54.697 (27.362)		
10 Londonderry				1:56.83	1	
1) Courtemanche, Kyra 12		2) DeLorey, Eres 11				
3) Gregoire, Linsey 12		4) Jackson, Shaneda 10				
27.988 (27.988)	58.622 (30.635)	1:28.264 (29.642)		1:56.827 (28.563)		
11 Dover				1:57.60	1	
1) Cancilla, Nicole 11		2) Bolobanic, Jordyn 12				
3) Kirk, Zoe 12		4) Pelletier, Noelle 10				
30.360 (30.360)	59.879 (29.519)	1:29.854 (29.976)		1:57.596 (27.742)		
12 Exeter				1:57.78	2	
1) Pratt, Deryn 11		2) McBride, Martelle 11				
3) Ernst, Isabelle 10		4) Bremer, Isabelle 10				
27.812 (27.812)	1:01.192 (33.381)	1:29.958 (28.766)		1:57.780 (27.823)		

Girls 4x400 Meter Relay

=====						
State: S	3:57.67	2013		Bishop Guertin		
				M McCabe, S Burke, B Garnick, R Pelletier		
Division I: D	4:02.60	2011		Bishop Guertin		
				M McCabe, S Burke, B Garnick, R Pelletier		
School				Finals	H#	Points
=====						
1 Nashua North				4:07.43	3	10
1) Wilson, Charlotte 10		2) Frye, Allison 11				
3) Neveu, Rosalie 10		4) Thomas, Jhanelle 12				
31.420 (31.420)	1:05.499 (34.080)	1:34.122 (28.623)		2:07.017 (32.895)		
2:35.139 (28.123)	3:08.749 (33.610)	3:36.517 (27.768)		4:07.429 (30.913)		
2 Bedford				4:09.82	3	8
1) Denon, Lydia 11		2) Boll, Grace 10				
3) Bekkering, Joy 10		4) Barry, Mikita 11				
30.194 (30.194)	1:03.765 (33.571)	1:34.276 (30.512)		2:06.888 (32.613)		
2:35.054 (28.166)	3:10.747 (35.694)	3:38.343 (27.596)		4:09.812 (31.470)		
3 Exeter				4:10.93	3	6
1) Roeder, Emma 9		2) Poteet, Maddie 11				
3) Cross, Eli 10		4) Caron, Danica 11				
29.714 (29.714)	1:04.720 (35.007)	1:34.392 (29.672)		2:06.598 (32.207)		
2:36.413 (29.815)	3:09.465 (33.052)	3:38.159 (28.694)		4:10.926 (32.768)		
4 Pinkerton				4:12.11	3	4
1) Blake, Nicole 11		2) Sippel, Isabella 11				
3) Rzasa, Sarah 11		4) McNulty, Camryn 10				
32.056 (32.056)	1:05.818 (33.762)	1:34.651 (28.834)		2:08.414 (33.763)		
2:38.020 (29.607)	3:09.952 (31.933)	3:38.789 (28.838)		4:12.108 (33.319)		
5 Merrimack				4:24.97	1	2
1) Amoo, Kaylin 12		2) McWhirter, Megan 11				
3) Kandel, Desiree 10		4) Wright, Serenah 10				
29.271 (29.271)	1:04.587 (35.317)	1:36.070 (31.483)		2:11.939 (35.870)		
2:43.390 (31.451)	3:20.185 (36.796)	3:48.728 (28.544)		4:24.969 (36.241)		
6 Bishop Guertin				4:26.89	2	1
1) Masson, Lyla 11		2) Pyles, Audrey 11				

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....Girls 4x400 Meter Relay

Table listing relay results for various schools including Dover, Winnacunnet, Windham, Keene, Nashua South, and Portsmouth. Columns include school name, runner name, time, and points.

Girls 4x800 Meter Relay

Table showing 4x800 meter relay results for Bedford and Exeter schools. Includes runner names, times, and points. Bedford is the state champion.

**New Hampshire Interscholastic Athletic Assoc.
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....Girls 4x800 Meter Relay

3	Pinkerton				10:14.15	6
	1) Blake, Nicole 11		2) Mohammed, Ava 12			
	3) Knowlton, Parker 11		4) Rzasa, Sarah 11			
	36.455 (36.455)	1:16.530 (40.076)	1:56.230 (39.700)	2:31.997 (35.767)		
	3:07.624 (35.628)	3:47.087 (39.463)	4:29.755 (42.668)	5:12.897 (43.142)		
	5:47.513 (34.616)	6:25.313 (37.800)	7:04.745 (39.433)	7:41.275 (36.530)		
	8:55.408 (1:14.134)	9:35.686 (40.278)	10:14.149 (38.463)	10:14.149 (0.000)		
4	Portsmouth				10:20.88	4
	1) Baryiames, Alexa 11		2) Campbell, Kelsey 11			
	3) Parrott, Georgia 11		4) Houghton, Maddy 11			
	36.622 (36.622)	1:17.039 (40.418)	1:56.511 (39.472)	2:33.538 (37.028)		
	3:09.039 (35.502)	3:49.492 (40.453)	4:32.740 (43.249)	5:13.971 (41.231)		
	5:49.169 (35.198)	6:28.884 (39.715)	7:12.609 (43.726)	7:50.719 (38.110)		
	8:25.329 (34.610)	9:02.066 (36.737)	9:41.500 (39.434)	10:20.879 (39.379)		
5	Londonderry				10:27.02	2
	1) White, Sayde 12		2) Laufersweiler, Anna 9			
	3) DeLong, Gabriella 10		4) Sherman, Drewanne 11			
	36.742 (36.742)	1:17.380 (40.639)	1:56.987 (39.608)	2:37.485 (40.498)		
	2:39.326 (1.841)	3:15.061 (35.736)	3:56.409 (41.349)	4:39.734 (43.325)		
	5:18.954 (39.220)	5:54.529 (35.576)	6:35.719 (41.191)	7:13.464 (37.745)		
	7:54.076 (40.613)	8:29.016 (34.940)	9:08.417 (39.402)	10:27.017 (1:18.600)		
6	Alvirne				10:33.40	1
	1) Cartagena, Olivia 9		2) Herbert, Jennifer 12			
	3) Martin, Ava 12		4) Berube, Sophia 12			
	36.797 (36.797)	1:17.302 (40.505)	1:57.565 (40.263)	2:36.744 (39.179)		
	3:13.285 (36.541)	3:54.391 (41.107)	4:38.139 (43.749)	5:19.934 (41.795)		
	5:58.863 (38.929)	6:39.527 (40.665)	7:20.466 (40.940)	7:59.502 (39.036)		
	8:32.458 (32.956)	9:10.130 (37.673)	9:51.765 (41.635)	10:33.400 (41.635)		
7	Windham				10:52.91	
	1) McGarry, Jocelyn 9		2) Hynes, Lauren 12			
	3) Hartmann, Ally 9		4) Hartmann, Anna 11			
	37.305 (37.305)	1:17.698 (40.394)	1:58.474 (40.776)	2:38.417 (39.944)		
	3:14.733 (36.317)	3:56.017 (41.284)	4:40.044 (44.028)	5:22.498 (42.455)		
	5:58.540 (36.042)	6:33.200 (34.660)	7:14.733 (41.534)	7:53.624 (38.892)		
	8:31.475 (37.851)	9:15.521 (44.046)	10:05.493 (49.973)	10:52.907 (47.414)		
8	Nashua North				10:58.28	
	1) Wilson, Charlotte 10		2) Prowker, Kaelyn 9			
	3) Prowker, Olivia 9		4) Hewson, Skyler 11			
	37.063 (37.063)	1:17.965 (40.903)	1:59.465 (41.500)	2:37.914 (38.450)		
	3:15.968 (38.054)	3:59.126 (43.158)	4:45.617 (46.492)	5:32.927 (47.310)		
	6:08.628 (35.702)	6:47.840 (39.213)	7:32.208 (44.368)	8:17.713 (45.505)		
	8:54.772 (37.060)	9:34.291 (39.519)	10:16.570 (42.279)	10:58.276 (41.707)		

Girls High Jump

=====									
State:	S	5-10	2005				Paige McConney, Bishop Guertin		
Division I:	D	5-10	2005				Paige McConney, Bishop Guertin		
Name		Year	School				Finals	Points	
=====									
1	Bates, Danielle		10	Timberlane			5-04.00	10	
	4-08	4-10	5-00	5-02	5-04	5-06			
	PPP	PPP	PPP	XO	O	XXX			

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....Girls High Jump

2 DeLorey, Eres	11 Londonderry	5-02.00	8
4-08 4-10 5-00 5-02 5-04			
O O O XO XXX			
3 Goulas, Ella	12 Concord	5-00.00	6
4-08 4-10 5-00 5-02			
PPP O O XXX			
4 Georgiana, Ryenne	12 Nashua South	J5-00.00	4
4-08 4-10 5-00 5-02			
O XO XXO XXX			
5 Kirk, Zoe	12 Dover	4-10.00	2
4-08 4-10 5-00			
O O XXX			
6 Flynn, Molly	10 Portsmouth	J4-10.00	1
4-08 4-10 5-00			
XO O XXX			
7 Gregoire, Linsey	12 Londonderry	J4-10.00	
4-08 4-10 5-00			
XO XXO XXX			
8 Russo, Liv	10 Portsmouth	4-08.00	
4-08 4-10			
O XXX			
8 Mijal, Mya	11 Bedford	4-08.00	
4-08 4-10			
O XXX			
10 Gillette, Gabby	10 Bishop Guertin	J4-08.00	
4-08 4-10			
XXO XXX			
-- French, Lauren	11 Keene	NH	
4-08			
XXX			
-- Sippel, Isabella	11 Pinkerton	NH	
4-08			
XXX			

Girls Long Jump

=====							
State:	S	20-03.25	2024	Anika Scott,	Bedford		
Division I:	D	20-03.25	2024	Anika Scott,	Bedford		
Name		Year	School	Finals	Points		
=====							
1 Goulas, Ella		12	Concord	17-08.75	10		
FOUL	17-03	FOUL	17-03	17-08.75	FOUL		
2 Conteh, Ballay		12	Concord	17-07.25	8		
13-10.75	16-08	17-05	17-03	FOUL	17-07.25		
3 Cenesca, Angela		11	Manchester Central	17-06.00	6		
FOUL	FOUL	16-08	FOUL	FOUL	17-06		
4 McBride, Martelle		11	Exeter	17-04.25	4		
16-01.50	17-01.75	16-01.50	16-03.50	16-00.50	17-04.25		
5 Coleman, Katie		10	Pinkerton	16-09.00	2		
FOUL	16-03.50	16-09	FOUL	FOUL	15-06.50		
6 Chavarin, Alejandra		12	Nashua South	16-04.25	1		
FOUL	15-11.25	16-00.50	15-09.25	15-10.75	16-04.25		
7 Rodriguez, Hannah		12	Manchester Memorial	16-03.50			
FOUL	FOUL	15-08.50	16-03.50	FOUL	15-06.50		

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....Girls Long Jump

8	Ahdi, Aaria	10 Bedford	15-10.00
	FOUL FOUL 15-06 15-06.50 14-09.75 15-10		
9	Ahern, Claire	11 Exeter	15-05.00
	14-11 15-05 14-10.25		
10	Dandeneau, Allie	11 Nashua North	15-04.50
	FOUL 15-03.25 15-04.50		
11	Ethier, Sophia	10 Keene	15-02.25
	12-00.25 FOUL 15-02.25		
--	Scott, Anika	12 Bedford	FOUL
	FOUL FOUL FOUL		

Girls Shot Put

State: S 53-00 2001		Laura Gerraughty, Nashua			
Division I: D 40-07 2020		Victoria Conrad, Nashua North			
Name	Year	School	Finals	Points	
1	Johnson, Brynn	11 Windham	34-10.25	10	
	32-10.25 34-10.25 34-08.25 32-06.25 32-06.25 33-08				
2	Borico, Consuelo	10 Concord	34-08.25	8	
	33-00.50 34-08.25 33-08 34-04.25 31-09.25 32-11.75				
3	Gautieri, Nora	12 Nashua South	33-09.25	6	
	32-08.50 33-04.75 30-00 31-00 33-00.25 33-09.25				
4	Kemp, Carolyn	11 Bedford	33-08.75	4	
	32-08.25 32-09.75 32-03.75 32-03.50 32-11.75 33-08.75				
5	Fabiano, Autumn	11 Exeter	J33-08.75	2	
	30-07.50 32-09.50 31-07.50 32-10.25 33-08.75 32-07.75				
6	Beem, Lucille	11 Exeter	33-06.75	1	
	33-06.75 33-03.75 30-00 FOUL 29-01.75 FOUL				
7	Trask, Jameson	12 Pinkerton	33-01.25		
	30-05 FOUL 33-01.25 30-09.75 31-06.75 32-09.50				
8	Haggett, Autumn	12 Pinkerton	30-07.75		
	29-01.25 30-07.75 29-05.50 28-09 27-09.50 28-08.50				
9	Wright, Kelly	12 Windham	30-07.00		
	29-02.75 29-05.50 30-07				
10	Anderson, Lilly	12 Merrimack	29-11.50		
	FOUL FOUL 29-11.50				
11	Cruz, Chloe	12 Nashua South	29-08.00		
	29-08 28-08.25 28-10.50				
12	Terrenzio, Juliana	12 Pinkerton	28-11.75		
	25-08.75 28-11.75 26-07.25				

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Women - Team Rankings - 13 Events Scored

=====

1) Bedford	72	2) Concord	62
3) Exeter	57	4) Nashua North	49
5) Pinkerton	48	6) Timberlane	18
7) Nashua South	15	8) Windham	14
8) Manchester Central	14	10) Portsmouth	13
11) Londonderry	10	11) Salem	10
13) Goffstown	6	14) Bishop Guertin	5
15) Winnacunnet	4	16) Merrimack	3
17) Dover	2	18) Alvirne	1